



## **APPLICATION TO PARTICIPATE**

2012 ALBERTA WINTER GAMES - TRI-REGION  
(SPRUCE GROVE, STONY PLAIN & PARKLAND COUNTY)  
FEBRUARY, 2012

**Application Deadline Date: SEPTEMBER 16, 2010**

**SPORT:** JUDO

**PROVINCIAL SPORT COORDINATOR:**

(Individual coordinating the Provincial Sport Association's involvement in the 2012 Alberta Winter Games. Refer to the role description in Alberta Games General Information.)

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Pending approval to participate in the Alberta Winter Games, the information contained within will be reviewed as part of the Alberta Sport, Recreation, Parks and Wildlife Foundation's post-Games evaluation.

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Signature of Provincial Sport Coordinator

Return this APPLICATION TO PARTICIPATE to:

Korrine Krokosh  
Alberta Sport, Recreation, Parks and Wildlife Foundation  
903 Standard Life Centre  
10405 Jasper Ave.  
Edmonton, AB T5J 4R7  
Phone: 780 422-8334 Fax: 780 427-5140  
Email: korrine.krokosh@gov.ab.ca

## **ALBERTA GAMES PLAN**

### **Athlete Development & Selection Process**

- Show how the Alberta Games fit into your sport’s long-term athlete development model for the “Training to Train” athlete.

- Identify training opportunities for an Alberta Games athlete leading up to the Alberta Games.

In order to compete at this semi-elite level, substantial training and commitment will be required on the part of a judo athlete. This includes training sessions of two (2) to three (3) times per week at the athlete’s home club. In addition, potential athletes will be given multiple opportunities to participate in Judo Alberta-sanctioned training camps in the two years leading up to the Games. The Judo Alberta High Performance Coach will coordinate many of these camps in conjunction with zone coaches. The purpose of these camps will be to promote participation in the Games and improve the skill level of all participants.

- Outline the event(s) being proposed for inclusion in the Games and identify the next level of competition in which an Alberta Games athlete would progress. (eg. provincial, national competition Western Canada Games and Canada Games)

For the upcoming Games, Judo Alberta proposes an individual competition as well as an optional Goodwill Team competition. Details relating to these respective competitions are contained in the accompanying Technical Package.

The AWG may serve as a major building stone to other events such as provincial championships, Junior National Championships, and the Canada Winter Games. Should the sport of Judo gain re-entry into the Western Canada Summer Games, the AWG will also be of great benefit to athletes that may be eligible to compete in that competition as well.

- What is your sport’s targeted age group and the category(ies) of athlete(s) being proposed for the 2012 Alberta Winter Games? If this has changed from previous Games in which your association participated, please explain.

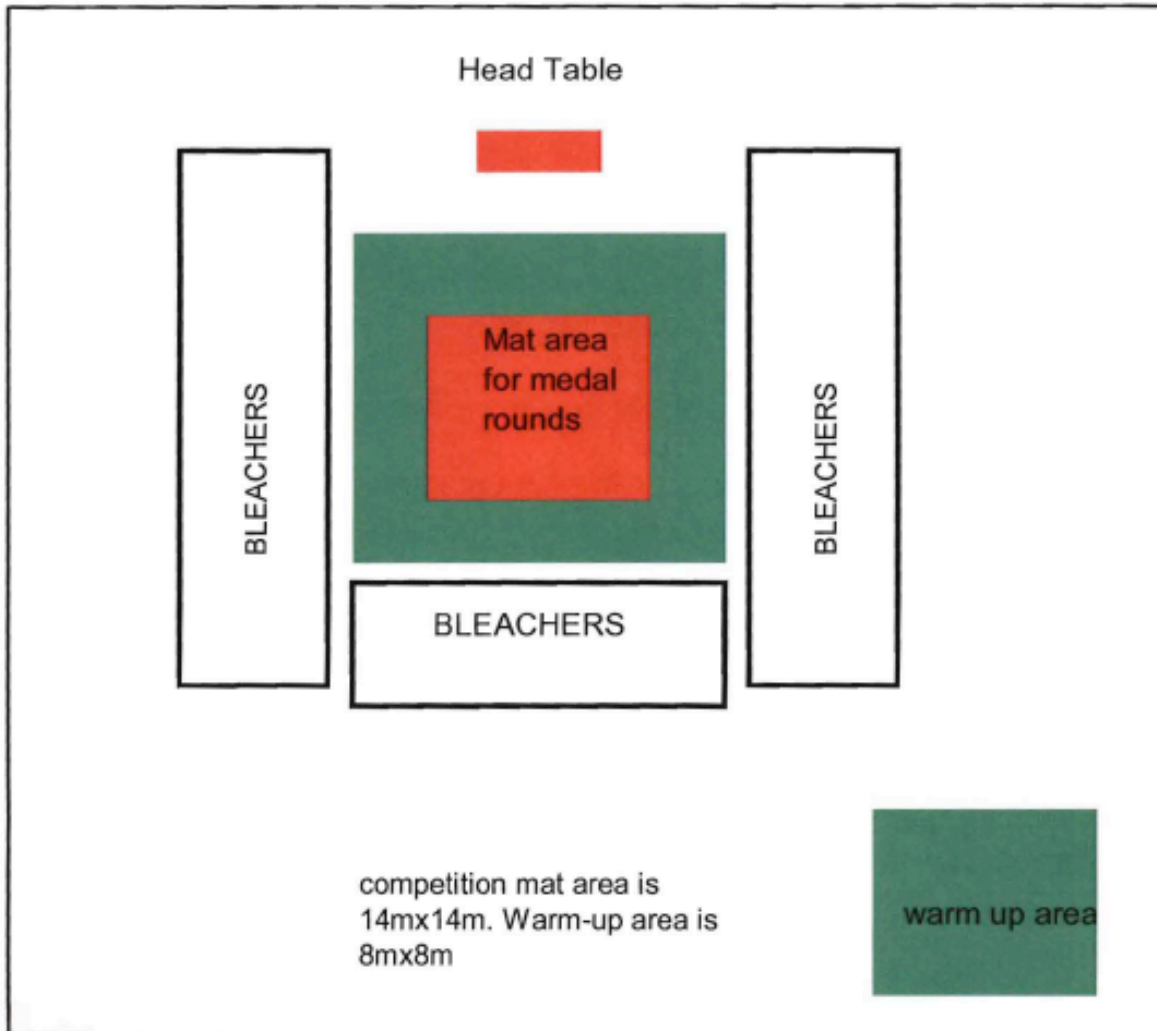
The targeted age group will be 10-15 years of age inclusive as of December 31, 2011. In order to be eligible, athletes are permitted to have competed at a national competition but not at the Canada Winter Games. Eligible athletes must hold a provincially recognized rank of at least yellow belt. Some of these athletes will have experience at the provincial and national level, although this is not a mandatory pre-requisite.

- ★ For those sports on probation or where the ASRPWF has expressed concerns in your application letter please indicate how your association plans to address the issues.

Judo Alberta is not currently on probation.

## FACILITY REQUIREMENTS

Please outline the type and specification of venue(s) required or attach minimum facility requirements and specifications (i.e. pool depth, ice surface, dimensions, number of courts, ceiling height, etc.) for the age/category of Alberta Games athletes. *(Please include information about the availability of venues for your sport in the province):*



Floor: gymnasium hardwood floor.

Ceiling minimum: 15ft

Competition area: 14mx14m

Warm-up area: 8mx8m

Indicate hours of facility time (i.e. court, ice, etc.) required for warm up and competition each day. (Friday, Saturday, Sunday)

Friday: 8:00 to 19:00

Saturday: 8:00 to 18:00

Sunday: none

Complete the chart below, identifying each age group/category noted above (refer to the Zone map in the General Information package).

**Number of Current Participants Eligible for the 2012 Alberta Winter Games in Proposed Age Category**

	<b>Age Category</b>	<b>Female</b>	<b>Male</b>
<b>Zone 1</b>			
	10-15 YEARS	22	70
<b>Zone 2</b>			
	10-15 YEARS	5	25
<b>Zone 3</b>			
	10-15 YEARS	13	38
<b>Zone 4</b>			
	10-15 YEARS	2	11
<b>Zone 5</b>			
	10-15 YEARS	24	67
<b>Zone 6</b>			
	10-15 YEARS	12	41
<b>Zone 7</b>			
	10-15 YEARS	5	7
<b>Zone 8</b>			
	10-15 YEARS	3	11
<b>TOTAL</b>	<b>356</b>	<b>86</b>	<b>270</b>

- What plans or strategies will be implemented by your Association to assist or support those zones identified above where representation or participation is weak?

Our membership is the weakest in zones 4,7, and 8. This immediately puts these zones at a disadvantage in relation to the more populous zones. To increase the number of participants, Judo Alberta, in conjunction with zone reps, will be contacting old membership to encourage them to get reacquainted with the sport. In addition, Judo Alberta will develop a plan to distribute to prospective instructors encouraging them to start new clubs and outlining the simplified registration process to start up a new club. Finally, Judo Alberta will also distribute media relations materials to current clubs detailing how to engage the media and promote the sport and its clubs.

In order to encourage competition and development as well as minimize the possibility of athletes in underrepresented zones simply weighing in and automatically qualifying without competing, Zones 1,2,3,4 will hold a joint playoff in Lethbridge, while Zones 5,6,7,8 will also have a joint playoff in Fort Saskatchewan. Each weight division will be fought round robin, by zone, with the top 2 from each pool advancing to a modified double knock-out. Divisions of 2 competitors will be best 2 out of 3 matches. This format will guarantee at least 2 matches per competitor.

Overall, this strategy is designed to increase the prestige of the Games.

**Development and Coach Selection Process**

**NOTE: Sports are encouraged to name all Zone coaches (or identify the process to select them) by no later than September 9, 2011, in order to facilitate athlete and coach development.**

- How does your sport plan to identify, recruit, and train coaches to the NCCP accreditation level specified in your technical package for the Games? What is a reasonable timeframe for your association to name Zone coaches? How do you propose to work within this timeframe? (List how many certified coaches are eligible for Alberta Games on a zone-by-zone basis below)

Zone 1	Zone 2	Zone 3	Zone 4	Zone 5	Zone 6	Zone 7	Zone 8
16	4	21	3	12	11	2	4

Given that Judo is a tight-knit community, the Executive already enjoys strong relationships with many of its coaches and is well aware of their coaching abilities, potential and long-term goals. In addition, Judo Alberta now has a High Performance Coach from France that regularly visits our clubs across the province, helps develop those clubs' respective coaches, and introduces them to foreign coaching elements. The HP Coach is positioned to provide input to the Executive relating to possible high-potential coaches that could be developed for the Games or are currently at a Games-coaching level. The NCCP Committee Chair will also be able to give valuable input relating to those who have expressed interest in coaching development and have participated in workshops and certification courses.

All Zone Coaches will be identified and selected before the desired date of September 9, 2011. In order to accommodate this time frame, certification courses and clinics will be offered and heavily promoted in the time leading up to this deadline. Zone representatives will also continue to promote the Games as a developmental opportunity to club coaches and others looking to increase their coaching credentials.

Judo Alberta is fully involved in the NCCP. Our Association offers courses on a regular basis. Judo has recently implemented the combined theory and technical courses in compliance with the requirements of the Coaching Association of Canada.

- Provide information about the coach training and certification available for your sport (i.e. NCCP or other certification levels available)

An NCCP Dojo Instructor course is currently scheduled to take place October 1, 2010 to October 3, 2010, and an NCCP Dojo Assistant Course is scheduled for December 11, 2010 to December 12, 2010. A coaching clinic will also be offered November 12, 2010. Additional NCCP courses will be offered for the 2011-2012 season, with dates to be set at the Board of Governors meeting in August 2011. All course dates and locations are strategically chosen to encourage maximum participation.

Judo Alberta has participated in the CBET format. We have held 5 Dojo Assistant (formerly Level 1) courses since 2006. A total of 53 coaches have taken part in these courses. As of September 10, 2010, a total of 18 coaches have registered for the Dojo Instructor (formerly Level 2) course.

- Outline how the Alberta Games will be used to train, upgrade and/or mentor coaches and explain any challenges that you are facing in developing coaches for your sport.

The AWG will be used as an additional incentive for potential coaches to participate in NCCP courses and other workshops that develop their skills. Promotional activities related to NCCP certification will emphasize the opportunity to participate in the Games in a coaching capacity. All camps and clinics will be offered and promoted with the Games in mind.

As it relates to mentoring, a main criterion for prospective chaperones for each zone will be their potential of becoming a higher-level coach. The Games will give these chaperones an opportunity to experience semi-elite level coaching first hand. They will be able to develop their skills and build relationships with athletes.

**NOTE: Sports are encouraged to name all Technical Officials (prior to the outline) but no later than January 10, 2012.**

- The total number of sport major technical officials (i.e. certified) including the Provincial Coordinator that will be required to officiate or judge the competition, and appointed by the Provincial Association will be **12**. Of this number, **7** are “In-town” (available within 50km of the host community) and **5** will be from outside this region and designated as “out-of-town” technical officials
- *(Attach a list of technical official positions/job titles that are required to officiate the event if possible)*
  1. Timekeeper (1)
  2. Scorekeeper (2)
  3. On-the-mat Referees (7)
  4. Zone-sport Coordinator (1)
  5. Draw-keeper (1)
- What level(s) of technical official are required for the Alberta Games and what are your Associations plans to train, upgrade and mentor officials recruited for the Games?

As judo is a very technical sport, the officials must have a good understanding of what judo is. The technical officials can be broken into major and minor officials. The minor officials will be the timekeeper, scorekeepers, and draw-keeper. The scorekeeper and timekeeper positions require some judo knowledge and experience as many things can happen very fast during a match and it is important to get the scores correctly. The major officials will be the on-the-mat officials and the Zone Sport Coordinator. A minimum rank of Provincial A is required to be a major official at the Games.

An Introductory Referee Seminar is scheduled for October 23, 2010. Provincial Level B & C evaluations are also scheduled for the upcoming Red Deer Junior Tournament taking place December 4, 2010. A Referee Clinic will take place April 1, 2011 in Edmonton as well and Provincial B and C referee evaluations will take place April 1, 2011 to April 3, 2011. Provincial Level A evaluations are scheduled for April 30, 2011. Additional clinics, evaluations for the 2011-2012 season will be strategically scheduled with the AWG in mind.

**Provincial Association – Organizational Commitment**

- How will your Association promote the Alberta Games at the zone level within your sport and to your overall membership?

Judo Alberta has incorporated email addresses into its registration process. These addresses will allow the Association to communicate regularly with athletes from every zone and to the membership as a whole. These communications will be designed to peek and maintain everyone's interest, while at the same time promoting the prestige of the Games.

All Zone Reps will also be expected to promote the Games to clubs in their respective zones and provide guidance and support to club coaches to promote the importance of the Games to AWG-eligible athletes.

As previously mentioned, the provincial coaching staff will also run training camps specifically for AWG athletes. These camps will be taking place in strategically chosen geographic locations in order to encourage maximum participation from AWG-eligible athletes from all zones. For the northern zones, host camps will also be held in conjunction with the Edmonton Monthly competition, which is a competition with participation from athletes of AWG-eligible ages. For the lower zones, central camps will also be held with attendance open to everyone. When possible, these camps will be coordinated by potential zone coaches, who will be overseen by provincial coaching staff.

The Games will also be promoted on the Judo Alberta's official website in the news/updates and events sections.

- What is the URL of your association web site? [WWW.JUDOALBERTA.COM](http://WWW.JUDOALBERTA.COM) Where will information regarding the Alberta Games and your sport's zone playoffs/selections be posted on your Association web site?

The AWG Event dates will be posted in our online event calendar. All registration and technical packages will be made available on the calendar as well. Selections and all new information relevant to stakeholders will also be posted in the News/Updates section of the website. A link to the official AWG Website will also be on the home page of the association website.

- Who else in your association, besides the Provincial Sport Coordinator, will be involved with the coordination of Alberta Games activities? Will your association recruit Zone representatives for the Alberta Games?

The Judo Alberta Technical Committee chair will be providing support where it is needed. Our referee chair, NCCP chair, and Officials chair will also play supporting roles in order to ensure that the most highly qualified candidates in each of their respective portfolios are participating in the Games and that high potential candidates skills and practical experience are given the opportunity to develop. The Host Chair is also knowledgeable in the sport of Judo, which will greatly help in the coordination of the competition.

Judo Alberta already has zone representatives in place. Among these representatives' main responsibilities is the promotion of the Games within their respective jurisdictions.