



Judo Alberta High Performance Coach Schedule – JUNE 08

DATE	LIEUX	HORAIRE	THEME
June 2 Monday	Kinsmen	5H30-7H00 pm	Conditioning
June 2 Monday	ST ALBERT	8h00- 9h30 pm	JUDO
June 3 Tuesday	UNIVERSITY	5h00-7h00 pm	JUDO
June 4 Wednesday	TOKUGAWA	7H30-9H00 pm	JUDO
June 5 Thursday	TOLIDE	6H30-8H30 pm	JUDO
June 7 Saturday	LETHBRIDGE	Day	JUDO
June 9 Monday	Kinsmen	5H30-7H00 pm	Conditioning
June 10 Tuesday	TOLIDE	6H30-8H30	Judo
June 11 Wednesday	KODOKWAI	8h15-10h00 pm	JUDO
June 14 Saturday	TOLIDE Training camp	2H00-8H00 pm	JUDO
June 15 Sunday	TOLIDE Training camp	8h30-11h30 pm	JUDO
June 16 Monday	Kinsmen	5H30-7H00 pm	Conditioning
June 16 Monday	TOKUGAWA	7H30-9H00 pm	JUDO
June 17 Tuesday	UNIVERSITE	5H00-7H00 pm	JUDO
June 18 Wednesday	KODOKWAI	8h15-10h00 pm	JUDO
June 19 Thursday	ST ALBERT	8H00-9H30 pm	JUDO
June 21 Saturday	KODOKWAI	4H15-6H00 pm	KATA Ju No Kata
June 23 Monday	Kinsmen	5H30-7H00 pm	Conditioning
June25 Wednesday	KODOKWAI	8h15-10h00 pm	JUDO
June 26 Thursday	TOLIDE	6H30-8H30 pm	JUDO
June 28 Saturday	KODOKWAI	4H15-6H00 pm	JR NAT PREP
June 30 Monday	TOKUGAWA	7H00-8H30 pm	JUDO

Contact Fatira Merah at 780-644-1578 Office or Cell 780-863-8379 or email at hpcoach@telus.net

