



**JUDO ALBERTA
2009 JUNIOR SENIOR PROVINCIAL CHAMPIONSHIPS
APRIL 4, 2009**

**NOTRE DAME HIGH SCHOOL
RED DEER, AB**

Sanction # 2009-05





Red Deer Judo Club



Invites You to the
Alberta Provincial Championships

Date & Time: Saturday, April 4th, 2009
Weigh-ins at 7:00AM-9:00AM
Kata 9:30AM; Shiai 10:00AM

Tournament Director: Brian Fujimoto (Questions? Contact jbfuj@telusplanet.net)
Tournament Coordinator: Al Schaefer (Questions? Contact jschaef@telusplanet.net)
Registration Coordinator: Jerome Roth (Questions? Contact jroth@dsrca.com)

Location: **Notre Dame High School**
50 Lees Street, Red Deer, AB

(From 32nd Street exit of Hwy 2, Head east on 32nd Street for 5 kms, Turn right [south] on 30th Ave for 0.7 kms, Turn left [east] on Lees Street for 0.3 kms)

Entry Fee: One Category - \$30, Additional categories \$15

| <u>Eligibility:</u> | | | Match duration |
|------------------------------------|--------------------------|-----------------------|----------------|
| Veteran Men / Veteran Women | (yellow to black) | born 1979 and earlier | 3 mins |
| Senior Women | (yellow to black) | born 1993 and earlier | 5 mins |
| Senior Men | (yellow to blue) | born 1993 and earlier | 5 mins |
| Senior Men | (brown & black) | born 1993 and earlier | 5 mins |
| U20 Men / Women | (yellow to blue) | born 1990 – 1993 | 4 mins |
| U17 Cadet Men / Cadet Women | (yellow to blue) | born 1993 – 1994 | 4 mins |
| U15 Juvenile Boys / Juvenile Girls | (yellow to blue) | born 1995 – 1996 | 3 mins |
| U14 Boys / Girls | (yellow to blue) | born 1996 – 1998 | 3 mins |
| U12 Boys | (yellow to blue) | born 1998 – 1999 | 3 mins |
| U11 Girls | (yellow to blue) | born 1999 – 2001 | 3 mins |
| U10 Boys | (yellow to blue) | born 2000 – 2001 | 3 mins |

You must present a current provincial Judo association membership card.

Guidelines: Current IJF rules will be used with exceptions noted below

- The Tournament Committee reserves the right to make any changes necessary in the best interest of the competitors
- No white belt participation
- Chokes, armbars **NOT** permitted in (U15,U14,U12,U11, and U10)
- kubinage **NOT** permitted in the Junior (U 14,U12,U11,U10)categories
- Blue judogis are only mandatory in the Senior Men's brown and black category.**
- Females must wear a plain white T-shirt under their judogi
- Tournament will be double knockout format (round robin or best of three if necessary)

Please forward registrations to: Red Deer Judo Club
c/o Jerome Roth
100-4708 50th Ave
Red Deer, AB T4N 4A1 Fax#: 403-343-7722

Please make cheques payable to "Red Deer Judo Club".

ENTRIES TO BE RECEIVED BY MARCH 23

This is a legal document which must be properly completed and signed or your registration can not be accepted.
If you do not understand it, obtain legal advice before signing.

18 and Older

Release, Indemnity, Warranty, Registration and Assumption of Risk

In consideration of the acceptance of my entry to compete in and/or my being permitted to participate in the 2009 Alberta Provincial Championships (hereinafter referred to as "this event"), I hereby release, remise and forever discharge, and agree to indemnify and save harmless Judo Alberta, The Red Deer Judo Club, Notre Dame High School and the City of Red Deer, their respective organizers, officers, executives, directors, officials, agents, servants and representatives (hereinafter referred to as the "releasees") from and against all claims, actions, costs, expenses and demands in respect of death, injury, loss or damage to my person or property, howsoever caused, arising out of or in connection with my competing or participating in this event and notwithstanding that the same may have been caused by, contributed to or occasioned by the negligence, breach of contract, breach of a common duty of care as an occupier of premises, or otherwise, of or by the releasees or any of them.

I agree to assume all risks, both known and unknown, and all consequences thereof, arising out of or in connection with my competing or participating in this event.

I agree to adhere to all rules, regulations and conditions of this event.

I certify that:

- 1) I am in good physical condition and I have no injury, disease or disability nor have I injected or ingested anything that would impair my performance or physical condition or increase the likelihood of injury in competing or participating in this event.
- 2) No physician, nurse, therapist, trainer, coach, manager, or other person has advised me not to compete or participate in a body contact sport or in this event.
- 3) I am familiar with the sport of judo and the nature of a judo contest. I am aware that there is a high risk of injury by the very nature of the sport.

This document shall be binding upon myself, my heirs, executors, administrators, assigns and personal representatives.

I have read this document and understand it fully.

Dated this _____ day of _____, A.D. 20_____

Signature – Participant

Print Name

This is a legal document which must be properly completed and signed or your registration can not be accepted.
If you do not understand it, obtain legal advice before signing.

Under 18 Release, Indemnity, Warranty, Registration and Assumption of Risk

In consideration of the acceptance of the entry of _____ (hereinafter referred as the "child") to compete in and/or being permitted to participate in the 2009 Alberta Provincial Championships (hereinafter referred to as "this event"), I/We for myself/ourselves and for and on behalf of the said child, hereby release, remise and forever discharge, and agree to indemnify and save harmless Judo Alberta, The Red Deer Judo Club, Notre Dame High School and the City of Red Deer, their respective organizers, officers, executives, directors, officials, agents, servants and representatives (hereinafter referred to as the "releasees") from and against all claims, actions, costs, expenses and demands in respect of death, injury, loss or damage to my person or property, or myself, howsoever caused by, rising out of or in connection with competing or participating in this event and notwithstanding that the same may have been caused by, contributed to or occasioned by the negligence, breach of contract, breach of a common duty of care as an occupier of premises, or otherwise, of or by the releasees or any of them.

I/We agree to assume all risks, both known and unknown, and all consequences thereof, for myself/ourselves and for and on behalf of the said child, arising out of or in connection with said child competing or participating in this event.

I/We hereby register the said child as a competitor or participant in this event and I/We certify that:

- 1) The said child is in good physical condition and has no injury, disease or disability that would impair his/her performance or physical condition or increase the likelihood of injury in competing or participating in this event.
- 2) No physician, nurse, therapist, trainer, coach, manager, or other person has advised me/us not to allow the said child to compete or participate in a body contact sport or in this event.
- 3) I/We am/are familiar with the sport of judo and the nature of a judo contest. I/We am/are aware that there is a high risk of injury by the very nature of the sport.
- 4) We are the father and mother of the said child or the guardian(s) of the said child and the only person(s) lawfully entitled to act for and on behalf of the said child.

This document shall be binding upon the said child, myself/ourselves, the heirs, executors, administrators, assigns and personal representatives of each of us and the said child.

I/We have read this document and I/We agree that the said child and myself/ourselves are bound by its terms. I/We further understand that it is compulsory and mandatory that this document be fully completed and signed as a condition precedent to the said child competing or participating in this event.

Dated this _____ day of _____, A.D. 20_____

Signature – Parent/Guardian

Signature – Parent/Guardian

Print Name

Print Name

Relationship to child

Relationship to child

Age / Weight Class Division Codes

Find your age group then your weight category. This is your division number. Enter this 3 digit code on the above form.
 Example: Jane was born in 1999 and is 32 kg. She would look in the category "U11 Girls Born 1999-2001". She is more than 30 kg but less than 34 kg. She should choose the -34 kg category which is division code #213.

| U10 Boys Born 2000-2001 | U12 Boys Born 1998-1999 | U14 Boys Born 1996-1997 | U15 Juvenile Boys Born 1995-1996 | U17 Cadet Men Born 1993-1994 |
|---|--|--|---|---|
| -23 kg Div. # 110 -26 kg Div. # 111 -30 kg Div. # 112 -34 kg Div. # 113 +34 kg Div. # 114 | -26 kg Div. # 120 -30 kg Div. # 121 -34 kg Div. # 122 -38 kg Div. # 123 -42 kg Div. # 124 +42 kg Div. # 125 | -30 kg Div. # 130 -34 kg Div. # 131 -38 kg Div. # 132 -42 kg Div. # 133 -46 kg Div. # 134 -50 kg Div. # 135 -54 kg Div. # 136 +54 kg Div. # 137 | -34 kg Div. # 140 -38 kg Div. # 141 -42 kg Div. # 142 -46 kg Div. # 143 -50 kg Div. # 144 -55 kg Div. # 145 -60 kg Div. # 146 -66 kg Div. # 147 +66 kg Div. # 148 | -46 kg Div. # 150 -50 kg Div. # 151 -55 kg Div. # 152 -60 kg Div. # 153 -66 kg Div. # 154 -73 kg Div. # 155 -81 kg Div. # 156 +81 kg Div. # 157 |
| U11 Girls Born 1999-2001 | | U14 Girls Born 1996-1998 | | U15 Juvenile Girls Born 1995-1996 |
| -23 kg Div. # 210 -26 kg Div. # 211 -30 kg Div. # 212 -34 kg Div. # 213 -38 kg Div. # 214 -42 kg Div. # 215 +42 kg Div. # 216 | | -26 kg Div. # 230 -30 kg Div. # 231 -34 kg Div. # 232 -38 kg Div. # 233 -42 kg Div. # 234 -46 kg Div. # 235 +46 kg Div. # 236 | | -32 kg Div. # 240 -36 kg Div. # 241 -40 kg Div. # 242 -44 kg Div. # 243 -48 kg Div. # 244 -52 kg Div. # 245 -57 kg Div. # 246 -63 kg Div. # 247 +63 kg Div. # 248 |
| | | | | U17 Cadet Women Born 1993-1994 |
| | | | | -40 kg Div. # 250 -44 kg Div. # 251 -48 kg Div. # 252 -52 kg Div. # 253 -57 kg Div. # 254 -63 kg Div. # 255 -70 kg Div. # 256 +70 kg Div. # 257 |

| U20 Men Born 1990-1993 | Senior Men (yellow-blue) Born 1993 and earlier | Senior Men (brown-black) Born 1993 and earlier | Veteran Men (yellow-black) |
|--|--|--|---|
| -55 kg Div. # 160 -60 kg Div. # 161 -66 kg Div. # 162 -73 kg Div. # 163 -81 kg Div. # 164 -90 kg Div. # 165 -100 kg Div. # 166 +100 kg Div. # 167 | -55 kg Div. # 170 -60 kg Div. # 171 -66 kg Div. # 172 -73 kg Div. # 173 -81 kg Div. # 174 -90 kg Div. # 175 -100 kg Div. # 176 +100 kg Div. # 177 | -55 kg Div. # 180 -60 kg Div. # 181 -66 kg Div. # 182 -73 kg Div. # 183 -81 kg Div. # 184 -90 kg Div. # 185 -100 kg Div. # 186 +100 kg Div. # 187 | <u>Born 1975-1979</u> -73 kg Div. # 300 -90 kg Div. # 301 +90 kg Div. # 302 |
| | | | <u>Born 1969-1974</u> -73 kg Div. # 303 -90 kg Div. # 304 +90 kg Div. # 305 |
| | | | <u>Born 1964-1968</u> -73 kg Div. # 306 -90 kg Div. # 307 +90 kg Div. # 308 |
| U20 Women Born 1990-1993 | Senior Women (yellow-black) Born 1993 and earlier | Veteran Women (yellow - black) Born 1993 and earlier | |
| -44 kg Div. # 260 -48 kg Div. # 261 -52 kg Div. # 262 -57 kg Div. # 263 -63 kg Div. # 264 -70 kg Div. # 265 -78 kg Div. # 266 +78 kg Div. # 267 | -44 kg Div. # 270 -48 kg Div. # 271 -52 kg Div. # 272 -57 kg Div. # 273 -63 kg Div. # 274 -70 kg Div. # 275 -78 kg Div. # 276 +78 kg Div. # 277 | -57 kg Div. # 280 -70 kg Div. # 281 +70 kg Div. # 282 | <u>Born 1959-1963</u> -73 kg Div. # 309 -90 kg Div. # 310 +90 kg Div. # 311 |
| | | | <u>Born 1958 and earlier</u> -73 kg Div. # 312 -90 kg Div. # 313 +90 kg Div. # 314 |