



judo  
alberta

The Alberta Kodokan Black Belt Association



### Contest Rules for AWG

Jan 15/10

The AWG in Cold Lake February 4-7<sup>th</sup> shall be conducted under current IJF contest rules with the following exceptions as noted.

The AWG will utilize the U13 rules as dictated by the JC sanction package.

#### Prohibited Techniques:

Tani otoshi

Makikomi waza

Kansetsu waza

Shime waza

Drop down techniques which start on one or both knees

Headlock throws

Also per new IJF contest rule effective Jan 1, 2010:

All techniques (attacking or blocking) using one or two hands below the belt shall be penalized by Hansokumake

#### Gripping:

Grip is allowed only in the front of the judogi. No high over hand grips.

#### Medical:

Medical will be a combination of past and current medical procedures.

Blood will be handled as per current IJF contest rules.

Other injuries will allow a medic 2 visits as per old (2003 edition) IJF contest rules.

#### Golden Score:

Golden score will be as per new IJF rules Jan 1, 2010. All scores will carry over into the golden score portion of the competition. The duration of the Golden Score shall be 2 minutes.

From:

Brian Fujimoto

Chair, Referee Committee.