



MEMORANDUM

From: Judo Alberta Coaching Committee
To: Judo Alberta Athletes/Coaches/Referees/Chaperones
Date: September 7, 2010
RE: Quebec Open

The Quebec Open is on Oct 8-10, 2010. Oct 8th is Kata with the weekend being the individuals competition. There is also a National training camp Oct 11-14.

Clubs are required to register their athletes themselves and provide a sufficient number of chaperones for the trip.

If clubs wish to travel with team Alberta, please reply to Fatira Merah, (hpcoach@telus.net) with the names of the participants, their role/position(athlete/coach/chaperone), and whether they are staying for the camp.

Deadline for responding is Sept 12.

After this date, participants will have to make their own arrangements. We would appreciate it, if everyone could coordinate with their clubs so that we can more easily manage the lists and invoices.

A rough budget would be as follows:

Airfare: \$700

Hotel costs (\$200-no camp, \$400-camp)

Tournament Registration fees: \$40/\$50 depending on division

Training camp registration fees ??

Meals

Total estimated cost: ~\$1000

A deposit of **\$600** will be required to travel with team Alberta, which will go towards the cost of the trip. **This deposit is due Sept 21.**

CWG athletes will be eligible for a subsidy for this event.

Please send the deposit to:

**Judo Alberta
c/o Michelle Isfeld
5516 Stevens Cres.
Edmonton, Alberta
T6R 3R4**

General information

34nd

QUEBEC OPEN

U15 - U17 - U20 - SENIOR - MASTERS

DATE :

October 8th 2010 / Kata

October 9th 2010 / U17 - U20 - Masters

October 10th 2010 / U15 - Senior

LOCATION :

Pierre-Charbonneau Center

3000, Viau Street

Montreal, Quebec, Canada (Métro Viau)

DIVISIONS :

U15 Men : 3th Kyu and up born in 97,98

U15 Women : 3th Kyu and up born in 97,98

U17 Men : sankyu and up born in 95,96

U17 Women : sankyu and up born in 95,96

U20 Men : nikyu and up born in 92, 93, 94, 95

U20 Women : sankyu and up born in 92, 93, 94, 95

Senior Men : ikkyu and up born in 1995 and before

Senior Women : nikyu and up born in 1995 and before

Masters Men : ikkyu and up born in 1981 and before

Masters Women : nikyu and up born in 1981 and before

ELIGIBILITY :

All paid-up members of Provincial Associations, Judo Canada or I.J.F. recognized Associations of other countries.

ENTRY :

Entries will only be accepted when submitted on the form provided **fully completed** and signed by the designated officer of the club. The payment must be included with the entry sheet.

REGISTRATION WILL NOT BE ACCEPTED AT THE OFFICIAL WEIGH-IN

ENTRY FEES :

50 \$ CAN (50 \$ US) (senior, U20 and masters)

40 \$ CAN (40 \$ US) (U15 and U17)

Kata : Multiples entries per competitor are accepted. Entry fee for the first kata is 60 \$ per pair (2 entries of kata is 90 \$ per pair, 3 entries of kata is 110 \$ per pair and 4 entries of kata is 120 \$ per pair).

Payment and registration before September 29th, 2010, midnight.
(GSST #100305457 included).

After this date:

70 \$ CAN (70 \$ US) per division for senior, U20 and masters

60 \$ CAN (60 \$ US) per division for U15 and U17

Kata : no registration will be accepted after the date of 2010, September 29 th

Payment and registration received between 2010, September 30th and 2010, October 6th, midnight (no matter the reason) will pull off 15 \$ for administration fee. (GSST #100305457 included).

RULES :

I.J.F. rules and Judo Quebec tournament rules

Blue Judogi are mandatory for all competitors. Reversible judogis will be accepted

CONTEST TIME :

U15 and U17 : 4 minutes : men & women

U-20 : 4 minutes : men & women

Senior : 5 minutes : men & women **single elimination**

Masters : 3 minutes : men & women

SYSTEM :

Modified double elimination for U15, U17 and U20

DIVISIONS AND WEIGH-INS :

Friday October 8th, 2010

6pm – 9pm (official)

Pierre-Charbonneau Center

U17 Men : 46, 50, 55, 60, 66, 73, 81, 90 + 90 kg

U17 Women : 40, 44, 48, 52, 57, 63, 70, +70 kg

U20 Men : 55, 60, 66, 73, 81, 90, 100, +100 kg

U20 Women : 44, 48, 52, 57, 63, 70, 78, +78 kg

Masters Men & Women: light weight, middle weight, heavy weight

Saturday October 9th, 2010

3pm – 6pm (official)

Pierre-Charbonneau Center

U15 Men : 34, 38, 42, 46, 50, 55, 60, 66, +66 kg

U15 Women : 32, 36, 40, 44, 48, 52, 57, 63, +63 kg

Senior Men : 55, 60, 66, 73, 81, 90, 100, +100 kg

Senior Women : 44, 48, 52, 57, 63, 70, 78, +78 kg

NOTE : Only one time on the scale will be allowed for the official weigh-in.

Passport is required at the weigh-in. Juniors competing in the senior category on Sunday, in the same weight category, will not have to be weighted a second time but will have to confirm their intention of participation by registering at the official senior weigh-in (Saturday afternoon).

SHIAI (starting at 8am):

The finals will be held after the preliminaries.

KATA (draw : noon (12:00) / starting at 1 pm)

INFORMATION :

Judo Québec inc.

4545, av. Pierre-De Coubertin

C.P. 1000, succursale M

Montreal, Québec, Canada H1V 3R2

Tel. : (514) 252-3040 (514) 252-3040 Fax : (514) 254-5184

e-mail : info@judo-quebec.qc.ca
site web : www.judo-quebec.qc.ca

REGISTRATION FORM - WOMEN

34nd INTERNATIONAL QUEBEC OPEN JUDO CHAMPIONSHIP DATE : 2010/10/8-10

Club : _____ Coach : _____

E-mail : _____ Phone number : _____

Province or country : _____

Put a (X) in each division the athlete will compete

	Name, first name	Year of birth	Rank	Weight category	U15 Women	U17 Women	U20 Women	Senior Women	Masters Women
1									
2									
3									
4									
5									
6									
7									
8									
9									
10									
11									
12									

Signature of the coach

Date

For the eligible athletes wishing to participate in several divisions, please tick in every division.

This tournament is a competition by pre-registration only. No registration will be accepted after the date of October 6th, 2010.

\$ 50 (U20, senior and masters) \$ 40 (U15 and U17) - Payment and registration before September 29th, 2010, midnight. After this date: \$ 70 (U20, senior and masters) \$ 60 (U15 and U17) payment and registration received between September 30th, 2010 and October 6th, 2010, midnight (no matter the reason) will pull off \$ 15 for administration fee.

REGISTRATION FORM - MEN

34nd INTERNATIONAL QUEBEC OPEN JUDO CHAMPIONSHIP DATE : 2009/10/8-10

Club : _____ Coach : _____

E-mail : _____ Phone number : _____

Province or country : _____

Put a (X) in each division the athlete will compete

	Name, first name	Year of birth	Rank	Weight category	U15 Men	U17 Men	U20 Men	Senior Men	Masters Men
1									
2									
3									
4									
5									
6									
7									
8									
9									
10									
11									
12									

Signature of the coach

Date

For the eligible athletes wishing to participate in several divisions, please tick in every division.

This tournament is a competition by pre-registration only. No registration will be accepted after the date of October 6th, 2010.

\$ 50 (U20, senior and masters) \$ 40 (U15 and U17) - Payment and registration before September 29th, 2010, midnight. After this date: \$ 70 (U20, senior and masters) \$ 60 (U15 and U17) payment and registration received between September 30th, 2010 and October 6th, 2010, midnight (no matter the reason) will pull off \$ 15 for administration fee.

REGISTRATION FORM – KATA

34nd INTERNATIONAL QUEBEC OPEN JUDO CHAMPIONSHIP DATE : 2009/10/8-10

Club : _____ Coach : _____

E-mail : _____ Phone number : _____

Province or country : _____

1. Nage no kata 5 series () 3 series ()

	Name	Rank	Number of Passeport	Accreditation	Tax receipt
Tori					
Uke					

2. Kodokan Goshin jitsu

	Name	Rank	Number of Passeport	Accreditation	Tax receipt
Tori					
Uke					

3. Kime no kata

	Name	Rank	Number of Passeport	Accreditation	Tax receipt
Tori					
Uke					

4. Ju no kata

	Name	Rank	Number of Passeport	Accreditation	Tax receipt
Tori					
Uke					

5. Katame no kata

	Name	Rank	Number of Passeport	Accreditation	Tax receipt
Tori					
Uke					

Total (\$) : _____

Signature of the coach

Date

This tournament is a competition by pre-registration only.

Multiples entries per competitor are accepted (maximum 4 kata). Entry fee for the first kata is \$ 60 per pair (2 entries of kata is \$ 90 per pair, 3 entries of kata is \$110 per pair and 4 entries of kata is \$ 125 per pair) - Payment and registration before September 29th, 2010, midnight.

Eligibility : Tori – Minimum brown belt (only blue and brown for Nage no kata – tree series) / Uke – Minimum blue belt