



Judo Alberta – The Alberta Kodokan Black Belt Association
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MEMORANDUM

To: All Judo Clubs
From: Judo Alberta Provincial Grading Board
RE: **JU-NO-KATA Clinic**
Date: February 5, 2012

D'U know kata?

You mean JU-NO-KATA!

The Judo Alberta Provincial Grading Board will be hosting a Ju-no-kata clinic on March 3-4, 2012. This clinic will be focused on the basics of Ju-no-kata and previous knowledge of the kata is not required. Since this kata involves the controlled and sustained lifting of a partner, it is recommended that judoka be a minimum of 15 years old.

JU-NO-KATA CLINIC

DATE:	March 3-4, 2012
INSTRUCTORS:	Allan Sattin – 6th Dan (Prov. Grading Board member) Garry Yamashita – 6th Dan (Prov. Grading Board member) Donna Hanson – 4th Dan (Prov. Grading Board member)
LOCATION:	Hiro's Judo Club #115 1919-27 th Avenue NE Calgary, AB 403-250-3177
TIMES:	Saturday 1:00-3:00 pm Saturday 4:00-6:00 pm Sunday 9:00-11:00 am
FEES:	\$25 (to be collected at the clinic)

To register, please contact Garry Yamashita by email (gee_why2@yahoo.com).



Government
of Alberta

