

Jim O'Sullivan Cup



SIAST

November 1st, 2008

2008 JIM O'SULLIVAN CUP

PLACE: **SIAST** 1100, 15th St. East, Prince Albert, Saskatchewan.

DATE: November 1, 2008, 11a.m.

REGISTRATION: October 31st, 6 p.m.-8p.m., SIAST
November 1st, 8a.m.-10a.m., SIAST

WEIGHT-IN: October 31st 6 p.m. – 8 p.m., SIAST
November 1st 8 a.m. – 10 a.m., SIAST

BEGINNING OF

THE COMPETITION: November 1st 11 a.m., SIAST

TEAM TRAINING: 9h00AM Little leaders
10h00AM-11h00AM - Technical Training Training CWG + U23
11h30PM-13h00PM - Team Training

ENTRY FEE: \$20.00

AWARDS: 1st place – cups; 1 – 3 place – medals.

TOURNAMENT DIRECTOR: LLOYD KELLER

REGISTRAR: LYERA SHEYKHISLYAMOVA

Entry forms can be sent by e-mail to talktolera@hotmail.com

Deadline is October 24th, 2008. Late entry will cost \$25.00

Make cheques payable to PA judo club

Contact person - Alim, phone number 306 922 1690, e-mail judoisfun@hotmail.com.

DIVISIONS:

SENIORS BORN BEFORE 1990	M	-55	-60	-66	-73	-81	-90	-100	+100
	F	-44	-48	-52	-57	-63	-70	-78	+78
IJF JUNIORS 1990-1992	M	-55	-60	-66	-73	-81	-90	-100	+100
	F	-44	-48	-52	-57	-63	-70	-78	+78
JUVENILE B 1993-1994	M	-51	-55	-60	-66	-73	-81	-90	+90
	F	-40	-44	-48	-52	-57	-63	-70	+70
JUVENILE A 1995-1996	M	-36	-40	-44	-48	-53	-58	-64	+64
	F	-36	-40	-44	-48	-53	-58	-64	+64
INTERMEDIATE 2 1997-1998	M	-28	-31	-34	-38	-42	-48	-53	+53
	F	-28	-31	-34	-38	-42	-48	-53	+53
INTERMEDIATE 1 1999-2000 and younger	M	-26	-30	-34	-38	-43	+43		
	F	-26	-30	-34	-38	-43	+43		
CANADA WINTER GAMES 1992-1995	M	-55	-60	-66	-73	-81	-90	-100	+100
	F	-44	-48	-52	-57	-63	-70	-78	+78
KATA									

COMPETITORS AND THEIR COACHES ARE RESPONSIBLE FOR PROVIDING THEIR OWN BLUE AND WHITE BELTS FOR THIS COMPETITION. THIS RULE WILL INSURE THAT THE BELTS FIT PROPERLY. PLEASE MARK YOUR BELTS WITH YOUR NAME OR CLUB.

- **Shime-waza rule:** Shime-waza (choking) allowed in Juvenile A, B, IJF-Junior and Seniors categories only.
- **Kansetsu-waza rule:** Kansetsu-waza (arm locks) allowed in IJF-Junior category only.
- **Match lengths:** Bantam, Intermediate 1, 2, Juvenile A and Juvenile B 3 minutes, and IJF Junior and Seniors: 5 minutes

ENTRY SHEET

PLEASE, PRINT

LAST NAME/FIRST NAME _____

ADDRESS: _____

PHONE NUMBER: (____) _____ - _____ E-MAIL : _____

DATE OF BIRTH _____ RANK _____ DIVISION _____

CLUB: _____ COACH _____

WARNING! WAIVER AND RELEASE OF LIABILITY AND AGREEMENT TO PARTICIPATE

In consideration of being permitted to participate in any way, including travel to and from, the 2ND JIM O'SULLIVAN CUP and related events and activities of Judo Saskatchewan in Prince Albert, SK I hereby:

1. Acknowledge that I am familiar with the sport of Judo and understand the rules governing the sport of Judo.
2. Agree that prior to participating, I will inspect the mats, equipment, facilities, competition pools or divisions and the elimination or scoring system to be used, and if I believe anything is unsafe or beyond my capability, I will immediately advise my coach, supervisor, and/or a tournament official of such conditions and refuse to participate.
3. Acknowledge and fully understand that I will be engaging in a contact sport that might result in serious injury, including permanent disability or death, and severe social and economic losses due to not only my own actions, inactions, or negligence, but also to the actions, inactions, or negligence of others, the rules of the sport of Judo, or conditions of the premises or of any equipment used. Further, I acknowledge that there may be other risks not known to me or not reasonably foreseeable at this time.
4. Knowing the risks involved in the sport of Judo, I assume all such risks and accept personal responsibility for the damages caused by, arising out of, resulting from or following such injury, permanent disability, or death.
5. Release, waive, discharge and covenant not to sue the Judo Canada Inc., Judo Saskatchewan, Prince Albert Judo Club, Tournament Director, Tournament Organizers, Tournament Staff, their respective administrators, directors, agents, coaches and other employees or volunteers of the organization, event officials, medical personnel, other participants, their parents, guardians, supervisors and coaches, sponsoring agencies, sponsors, advertisers, and if applicable, owners, lesser, and lessees of premises used to conduct the event, all of whom are hereinafter referred to as "release", from any and all claims, demands, losses, actions, causes of actions or damages on account of injury, including permanent disability and death and damage to property (Collectively, "Liabilities"), caused or alleged to be caused in whole or in part by the acts or omissions of the release, even if arising from their negligence, OR OTHERWISE to the fullest extent permitted by law.

I HAVE READ THE ABOVE WARNING, WAIVER AND RELEASE, UNDERSTAND THAT I GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND KNOWING THIS, SIGN IT VOLUNTARILY. I AGREE TO PARTICIPATE KNOWING THE RISK AND CONDITIONS INVOLVED AND DO SO ENTIRELY OF MY OWN FREE WILL. . I AGREE TO PARTICIPATE KNOWING THE RISK AND CONDITIONS INVOLVED AND DO SO ENTIRELY OF MY OWN FREE WILL. I AFFIRM THAT I AM AT LEAST 18 YEARS OF AGE, OR, IF I AM UNDER 18 YEARS OF AGE, I HAVE OBTAINED THE REQUIRED CONSENT OF MY PARENT/GUARDIAN AS EVIDENCED BY THEIR SIGNATURE BELOW

PARTICIPANT SIGNATURE _____

PARENTS SIGNATURE (if under 18) _____

DATE _____.