



REMOTE WEIGH-IN POLICY

Weigh-ins will be conducted according to the IJF rules and to be consistent with Judo Alberta policy.

Applicants must complete the Remote Weigh-in Application, found on Judo Alberta's website, and submit it to Judo Alberta's Sanction Officer a minimum of 2 weeks before the applied tournament.

Remote Weigh-In Designate:

The designate must attend the weigh-in to ensure accuracy, order and control.

Remote Weigh-In Sites:

Remote weigh-ins must be located in Alberta at any Judo Alberta certified site if offered by a tournament. Approval for a certified remote weigh-in site must be approved by Judo Alberta's Sanction Officer.

Remote weigh-in hours must be within the times of the tournament site weigh-ins.

Weigh-in sites, both tournament and remote, need to ensure that there are no cameras or recording devices of any kind in the weigh in rooms.

Official & Trial Scales:

A trial scale, or access to official scales, may be available to the participants in advance of the official weigh-in times. If trial scales are used that are not the same as the official scales, these must be indicated as "unofficial".

If electronic scales are used, the required accuracy is the first decimal digit after kilogram reading. If the display shows more than one digit, these extra digits must be covered by non-transparent tape.

Approved weigh-in sites must have a scale with up-to-date calibration paperwork (within the last 12 months) for the official scale. The calibration paperwork must be available, if necessary, at the remote weigh-in site. A copy of the calibration paperwork must be provided to Judo Alberta's Sanction Officer at the time of application for remote weigh in.

Weigh-In Attendants:

Weigh-in attendants must be of legal age and the same gender as the athlete. It is recommended that 2 attendants of each gender be present in the weigh-in rooms with their respective gender.

Identification:

Each Canadian athlete is required to present a Judo Canada membership card or likeness as a proof of membership in good standing at weigh-in. **All "A" Sanctioned** events also require a Government issued photo IDs (driver's license, Canadian Passport, Citizenship Card, Permanent Resident card; medical card, where allowed, or Student card).

Removal of Clothing:

Athletes under 18 years of age (even if competing in U21 or older divisions) are NOT allowed to remove their underclothing (males-underpants; females-underpants and bra).

Athletes 18 and older are allowed to remove their underclothing to ensure they reach the minimum or the maximum weight limit of the weight category in which they are entered.

Any socks, jewellery or body piercings must be removed.

Weight Tolerance:

Contestant's weight must be within the lower and upper limits of the class for which he/she is registered, with the exception of the lightweight, heavyweight and open weight events.

Athletes who are under 18 years old will be compensated with an additional 100 grams (i.e. for the category 44 kg the limit will be 44.1 kg) for clothing as indicated in "Removal of Clothing".

Recording Weights:

The exact weight of the contestants, including heavy weights, must be entered on the weigh-in sheet/cards, together with the initials of the weigh-in official.

Official Remote Weigh-In Sign Off and Submission:

The on-site designate must sign off on the weigh-in and ensure these results are forwarded to the Tournament Direction and Registrar of said tournament within 30 minutes of the end of weigh in time set out.