

# **CANMORE JUDO CLUB 2016-2017**

**FUN, FITNESS AND  
SELF-DEFENSE**



**WHERE: Canmore Rec Centre 1900 8th Avenue**

**WHEN: September 7 to May 28 - 34 weeks with breaks for school holidays.**

**JUNIORS: ages 8 and up Sundays 6:00-7:15 p.m.**

**ADULTS/ADVANCED: Sundays 7:15-8:45 p.m.  
Wednesdays 8:30-9:45 p.m.**

**REGISTRATION: Sunday, Sept. 12, 6:00-8:45, during and after class at the Canmore Rec Centre. Parents may collect forms and return them next class. Late registrations are accepted. Students may try a class before registering.**

**FEES: All members register with Judo Alberta. Fees are dependent on each child's age Dec 31, 2017.**

**8-11 years \$85**

**12-13 years \$95**

**16 and up \$115**

**Class fees will be \$310 per year for all ages.**

**Some families may qualify for KIDSPORT funding.**

[www.kidsportcanada.ca/alberta/bow-valley](http://www.kidsportcanada.ca/alberta/bow-valley)

**JUDO GI (judo jacket and trousers): We order gis at a club price (30% less than retail) and get them in within two weeks. Prices range from \$75 for a small to \$100 for an adult large, plus shipping. A long-sleeve tshirt and sweat pants will be adequate until supplied with a gi.**

**CONTACTS:**

**Phone (403) 678-4916 or 688-4916**

**Patti at [pdymentart@hotmail.com](mailto:pdymentart@hotmail.com)**

**Scott at [metman@shaw.ca](mailto:metman@shaw.ca)**

**Website: <http://canmorejudo.toloco.net>**



**Canmore Judo Club**

**CANMORE JUDO CLUB has been a member club of Judo Canada for 14 years.**