

NATIONAL TEAM HANDBOOK

2019 - 2020



Judo Canada

4141 Pierre-de-Coubertin

Montréal, Qc

H1V 3N7

Telephone: 514.255.5836

E-mail: HP@judocanada.org

October 1st, 2019

TABLE of CONTENTS

Contact Persons	3
Introduction	4
NT Policy 1: Authority of the High Performance Committee	5
NT Policy 2: Definition of a “Win”	5
NT Policy 3: Classification of International Events (Grid)	6
NT Policy 4: Classification of Domestic Events	7
NT Policy 5: Determination of National Team Standards	7
NT Policy 6: Determination of National Team Points	8
NT Policy 7: National Team Point Ranking	9
NT Policy 8: Minimum Performance Standards	9
NT Policy 9: Participation and Funding in International Events	10
NT Policy 10: Selection Notice	13
NT Policy 11: Failure to make weight	13
NT Policy 12: Exemption Request Procedure	13
NT Policy 13: Fight-Off Procedure	14
NT Policy 14: Elite nationals Selection Policy	15
NT Policy 15: Team Selection Policies	16
15.1- 2020 Senior Pan-Am Championships	16
15.2- 2020 Tokyo Olympics	17
NT Policy 16: Athlete Assistance Program (AAP)	20
NT Policy 17: Carding Contract	27
Schedule A: Canadian Anti-Doping Policy	32
NT Policy 18: Grants Recommendations	33
NT Policy 19: Election of the Athletes’ Representative	33
NT Policy 20: Performances Bonus	35
NT Policy 21: Travel Expenses Reimbursement	35
NT Policy 22: Uniform	36
NT Policy 23: Athlete Sponsorship	36
NT Policy 24: Athletes code of Conduct	36
Other Documents	37
Canadian Anti-Doping Policy	
Coaching Code of Ethics	
Appeals policy	
Discipline Procedures	
Judo Canada Harassment and Discrimination Policy	

Judo Canada

President

Mike Tamura: president@judocanada.org

High Performance Committee Chair

Louis Jani: louisjani@hotmail.com

CEO/High Performance Director

Nicolas Gill: n.gill@judocanada.org

High Performance Manager

Marie-Hélène Chisholm: mh.chisholm@judocanada.org

Athletes' Representative

Antoine Valois-Fortier: a.valoisfortier@gmail.com

Coaches' Representative

Hiroshi Nakamura: shidokan@bellnet.ca

Harassment Officer

ombudsoffice@sportlaw.ca

Purpose:

The purpose of the National Team Handbook is to keep athletes and coaches informed about Judo Canada's High Performance policies. It is the responsibility of athletes and coaches to read and understand the material in this handbook. If you are not clear on a certain policy, please contact the High Performance Director for further explanation (see Contact Persons on page 3).

Limitations:

Certain policies may be changed from time to time. A policy change is considered effective upon its date of publication by Judo Canada, unless otherwise noted in the change notice. A change is deemed to be published on the date that the notice of change is emailed to the provincial associations. Policy changes will also be posted on Judo Canada's website and we encourage you to visit it regularly.

Feedback:

If you have specific recommendations with respect to policies contained in this manual, please direct them in writing to High Performance Director. Written feedback is the only way to ensure full circulation of your ideas.

Athletes covered by the Handbook:

Policies specified in this Handbook apply to all judokas identified as members of the National Team and other judokas selected by Judo Canada, as well as to all Canadian athletes who participate in events identified in this publication.

The High Performance Committee of Judo Canada essentially deals with and is responsible for carded athletes, junior (U21) world team members, cadet (U18) world team members, senior world team members and Olympic and **Paralympic** team members.

International Competition Access:

Judo Canada does not have the resources to send athletes to all the international events Canada may be invited to. A list of events that are "open" to the provinces will be published on Judo Canada's website, along with the selection criteria or standards and application deadlines. It is the responsibility of provincial associations to apply for selection to such events on behalf of its provincial athletes by the indicated deadlines.

Athletes' Contact Information:

To ensure that they receive National Team correspondence, athletes are responsible to provide Judo Canada with their e-mail address and phone numbers. Keep Judo Canada's National Office updated on any changes to your contact information.

Policy 1**Authority of the High Performance Committee**

The High Performance Committee has for mission to:

- Provide advice and recommendations to the High Performance Director in matters pertaining to Judo Canada's High Performance system and programs.
- Ensure that High Performance programs are implemented according to policies.

The High Performance Committee is the authoritative body for the drafting and interpretation of policies in this handbook and may assign duties and responsibility, as needed, to ensure the day to day work of the Committee is implemented.

National team issues that are not covered by this handbook may arise from time to time. In such case, the High Performance Committee will be the authoritative body that shall bring recommendations forward to the Board of Judo Canada before a final decision is made.

From time to time, the HP Committee may make exceptions to certain policies if they judge that it is required for the good of the organization. Such exceptions must not exhibit prejudice toward any athlete.

Policy 2**Definition of a "Win"**

The National Team Handbook definition of a win for team selection, international rankings, and carding, is as follows:

"A win is an advancement in the draw sheet, only as a result of the bout being initiated (both competitors must make contact under fighting conditions)."

This means, for example, that "fusen-gachi" or a "bye" would not be considered as a win.

To ensure that international competitions provide a beneficial and valuable developmental opportunity, all athletes must demonstrate their readiness to compete at each international level by meeting minimum performance standards (see policy 8). The grid below establishes tournament categories with the points and standard given by each performance in each category.

International Tournaments Ranking Grid

Level	Tournament	Gold	Silver/ bronze	5 th	7 th	3 or 4 wins not ranked	2 wins not ranked
A	World Championships & Olympic Games	300	240	180	120	90	60
		A	A	A	A	B	C
B	<u>IJF Masters & Grand Slams</u>	240	180	120	90	60	40
		A	A	A	B	C	D
C	<u>IJF Grand Prix</u>	180	120	90	60	40	30
		A	A	B	C	D	E
D	<u>Continental Open</u> : Sofia, Lisbon, Oberwart, Rome, Warsaw, Prague, U21 World Championships	120	90	60	40	30	20
		A	B	C	D	E	F
E	<u>Continental Open</u> : Madrid, Bucharest, Tallinn, Minsk, Glasgow, Luxembourg , Other European Continental Open, Pan-Am Championships/Games, U18 World Championships, Youth Olympic Games, <u>EJU Sr. Cup</u> : Slovenia & Germany; Belgium Open (M & F); FISU Games	90	60	40	30	20	15
		B	C	D	E	F	G
F	<u>Continental Open</u> : Taipei, Australia, Mauritius, Montevideo, Buenos Aires, San Salvador, Chili, Peru, Dominican Republic, Hong Kong other EJU Sr. Cups, Francophone Games, Commonwealth Games, Pan-Am Festival	60	40	30	20	15	10
		C	D	E	F	G	
G	EJU Jr. Cups, Bremen/Thüringen Jr., Commonwealth Championships Sr, Swiss Open; Senior PJC PanAm Cup	40	30	20	15	10	
		D	E	F	G		
H	EJU U18 Cups, Bremen/Thüringen U18, Panam U21, Aix-En-Provence U21	30	20	15	10		
		E	F	G			

1. Unless specified otherwise, all those events are for Senior age group.
2. The classification of international tournaments is determined by the High Performance Committee on a yearly basis.
3. The High Performance Committee may add or reclassify a tournament during the year by giving six (6) weeks' notice prior to the event.
4. Only the international tournaments listed in Policy 3 are considered for standards and points.
5. For G & H tournaments the participation of provincial coaches is mandatory for any province sending five (5) or more athletes.

Domestic Tournaments Ranking Grid

Level	Tournaments 2019-2020	Gold	Silver	Bronze	Top 6
1	Senior Elite Nationals Senior Canada Cup	50	35	25	15
		D	E	F	G
2	Senior Open Nationals	35	25	15	10
		E	F	G	H
3	Senior Quebec Open Senior Ontario Open Junior Canada Cup	25	15	10	7
		E	F	G	H
4	U21 Open Nationals Senior Edmonton International Senior Pacific International	15	10	7	
		F	G	H	
5	Senior Saskatchewan Open Senior Eastern Canadian Championships U21 Quebec Open U21 Ontario Open Cadet Canada Cup	10	7		
		G	H		
6	U18 Elite Nationals	7			
		H			

Rules applied for all domestic events:

1. An athlete must have at least 2 wins to receive points and standard;
2. Weight classes with 3 to 7 contestants give 75% of points indicated in the tables above, and one standard below;
3. For weight classes with fewer than 3 contestants no points or standards will be given;
4. Points and standards earned in domestic events are valid only for one year;

Policy 5

Determination of National Team Standards

General:

1. National Team standards will be awarded according to performance, as indicated in the tournament ranking grids in Policies 3 and 4.
2. Standards determine the eligibility of athletes to international tournament but are not used for selections unless specified otherwise in event specific selection policies.
3. When achieved in an international tournament, a standard is valid for a period of 24 months from the date it was achieved (i.e., not by accumulation – see point 6 below).
4. When achieved in a Domestic tournament, a standard is valid for a period of 12 months from the date it was achieved.

Specific Cases:

5. A top 8 ranking in an international tournament (Policy 3) with two wins warrants one standard below the one indicated in the grid.
6. A top 8 ranking in an international tournament (Policy 3) with 1 win warrants two standards below the one indicated in the grid.
7. A top 8 ranking in an international tournament (Policy 3) in a weight class with 5 to 7 contestants warrants one standard below the one indicated in the grid.
8. In a Domestic tournament (Policy 4), a weight class with 3 to 7 contestants warrants one standard below the one indicated in the grid.
9. In an international tournament (Policy 3), no standard will be given if there are fewer than 5 competitors or fewer than 3 countries in a weight class.
10. Results achieved in **non-Olympic weight**, and team tournaments do not count towards achieving standards.
11. The A and B standards can be achieved by an accumulation of B or C standards (in the same weight class and in international competitions (Policy 3)), respectively, as follows:
 - 3 X B results accomplished directly within a 12-month period, gives A standard.
 - 3 X C results accomplished directly within a 12-month period, gives B standard

The validity of an A or B standard achieved by accumulation is 24 months minus the months of results accumulation. For example, if it took 4 months to accumulate three B results, the resulting A standard is valid for the next 20 months (i.e. 24 months – 4 months).

Policy 6

Determination of National Team Points

General:

1. Points are restricted to IJF senior weight classes only.
2. Results obtained at international competitions (Policy 3) give 100% of the points for a period of one year after the event, after which, the points are reduced by 50% and are valid for another year.
3. **Results of national competitions are valid for a period of 12 months from the date they were achieved.**
4. No points will be given for achievements in international competitions (Policy 3) in weight categories with fewer than 5 competitors, or fewer than 3 countries in the weight class.

Specific Cases:

5. Points awarded will reflect the competitiveness of each weight class through application of the following formula:
 - a) For 5 or more wins, 125% points indicated in Policy 3; for 3 and 4 wins, 100% points indicated in Policy 3; for 2 wins, 75% points indicated in Policy 3 (for top 8 or higher ranking only); for 1 win, 50% points indicated in Policy 3 (for top 8 or higher ranking only).
 - b) For result achieved in weight categories of 5 to 7 competitors: 75% of the points determined by the above formula.
6. Results achieved in one weight class above or below the athlete's reference weight class are divided in half after the above rules (points 1 to 6) have been applied.
7. Results achieved in a weight class two division above or below the reference weight class are divided by four after the above rules (point 1 to 6) have been applied.

8. A 30-point bonus will be added for a win against a current (from past season) Senior World Championship or Olympic medalist of that weight class. It will be added to the final points after the above rules (points 1 to 8) are applied.

Policy 7

National Team Point Ranking

The National Team point ranking will be established using the points that are earned according to Policies 3, 4, and 6.

The sum of 6 best performances (highest points scored) over the last 24 months will be considered (50% of points for events older than 12 months).

In the event of a tie, the 7th best result of each athlete will be used to break the tie and, if needed, the 8th, and so on.

Policy 8

Minimum Performance Standards

Introduction:

The National Team standard represents the minimum performance standard needed to take part in international events, unless stated in a specific selection policy (Policy 15). The goal is to have athletes competing at the proper level to ensure a beneficial and valuable competitive experience for their development. The national team standard is also used for selection, carding nomination, and funding priority.

General:

National Team Minimum Performance Standards:

- A Standard: Athletes eligible to attend category "A" competitions.
- B Standard: Athletes eligible to attend category "B" competitions.
- C Standard: Athletes eligible to attend category "C" competitions.
- D Standard: Athletes eligible to attend category "D" competitions.
- E Standard: Athletes eligible to attend category "E" competitions.
- F Standard: Athletes eligible to attend category "F" competitions.
- G Standard: Athletes eligible to attend category "G" competitions.
- H Standard: Athletes eligible to attend category "H" competitions.

To participate in an event, your standard must be valid at the date of the event and not at the date of the selection for that event.

To maintain the validity of standard, an athlete must have competed in one of the last 2 Elite Nationals unless granted exemption by the High Performance Committee. To request an exemption from the High Performance Committee, see Policy 12 "Exemption Request Procedure".

To participate in U18 international events, as part as a Judo Canada delegation, an athlete must be identified as one of the following:

- National Team Standard H or higher
- a Judo Canada Development card
- achieve one of the following performances in his/her current age group:
 - Gold medal at 2020 or 2019 U18 Elite National Championships
 - Gold medal at 2019 or 2020 U18 Open National Championships

Specific Cases:

Minimum standards are weight-class specific, but standards achieved in one weight class, can be used as a minimum performance standard in one weight class above or below for events of C level and below, and events that do not have specific selection policy.

An athlete could be given the special permission to compete above his/her standard (up to B) for exceptional reasons:

- Tournament scheduling issues;
- Athlete deemed by the High Performance Director to have exceptional potential;
- Athlete deemed by the High Performance Director to show full commitment to training and national team programs.

Request process:

- The athlete must make a request in writing to the High Performance Director prior to the registration deadline of the tournament.
- **The High Performance Director will make a final decision based on recommendation of High Performance Committee.**

Important: No special permission will be granted for competitions with specific selection criteria (Policy 15).

Policy 9**Participation and Funding in International Events****Introduction:**

Only members in good standing with Judo Canada and their respective provincial associations are eligible to represent Canada at international judo events. An athlete's eligibility is determined by their National Team Standard, which is in turn determined by performance in the past two seasons (Policies 6 & 8) for events without specific selection policy or by a specific selection policy (see Policy 15).

For certain events, the High Performance Committee may invite provinces to apply to represent Canada. For such events, once permission is approved, selection of athletes, coaches, and officials is the responsibility of the province. A minimum of one coach must be funded by the Province. Judo Canada's permission is not required for international club tournaments and club exchanges.

All participants to represent Canadian judo fall under the jurisdiction and discipline code of Judo Canada regardless of the source of support (see Policy 24).

Insurance:

All participating athletes must have medical insurance which covers injuries sustained in sporting events. If proof of coverage is not provided by the athlete, JC will automatically take out coverage for any selected athlete for the duration of that project to fulfill IJF requirements.

Selection:

Policy 15 provides selection criteria for specific major events. For tournaments with limited entries without specific selection policies, the criteria that will be taken into consideration to select participants are:

- Funding priority criteria (page 12)
- Participation and performance at training camps and testing
- Daily training commitment at National Training Center
- Number of international events already attended

With the objective to offer logical periodization in preparation and selection for major events.

The High Performance Director, with the approval of High Performance Committee, will have final authority on all selections.

Funding

Unless specified otherwise in specific selection policy, these funding principles and priorities will be used for international competition and camps funding allocation:

- Cadet: Priority 1: D standard or higher
 Priority 2: E standard and ranked first in their respective weight class (in the National Team ranking – Only Cadet considered)
- Junior: Priority 1: C standard or higher
 Priority 2: D standard, carded and ranked first junior in their respective weight class (in the National Team ranking)
- Senior: Priority 1: Olympic medalist, World medalist or OTP targeted athletes (athletes that have demonstrated strong chance of winning Olympic/Senior World Medal)
- Priority 2: “A” standard, carded and ranked first in their respective weight class (in both National Team ranking and Olympic selection process in years 3 and 4 of the quadrennial)
- Priority 3: “A” standard carded athletes ranked first in their respective weight class (in either National Team ranking or Olympic selection process in years 3 and 4 of the quadrennial)
- Priority 4: “B” standard carded athletes ranked first in their respective weight class (in National Team ranking and in Olympic selection process in years 3 and 4 of the quadrennial)
- Priority 5: Other A standard athletes

Other: If extra funding is provided to Judo Canada for certain events or specific programs (e.g.: NextGen Institute, Pan Am Games, Jeux de la Francophonie, Commonwealth Games), this extra funding will then be distributed as per directions by the funding partners and according to the priorities principle as set in this Policy 9.

Application:

Judo Canada will distribute via email to their provincial staff a list of competitive opportunities and a “Notice of Application” and invite national team members to apply. All interested athletes who meet the minimum criteria must apply on-line using the JC International Event Registration Form at <http://www.judocanada.org/international-events-registration/>. An application is considered at the date of receipt of deposit (see Procedures below).

Procedures:

For those athletes and delegation members not funded by Judo Canada, but traveling through Judo Canada, the following procedures will apply:

1. Athletes who are not funded for the event must include with their registration a \$1000 deposit for 1 event, \$1500 for 2 events and \$2000 for 3 events, of which \$200 are non-refundable. The application will only be considered if a deposit has been made at the time of registration. Athletes who are not selected for the event will be refunded in full.
2. Athletes that cancel their participation after trip-planning expenses have occurred are fully responsible of those costs.
3. Athletes agree to pay the balance of the cost upon receipt of invoice from Judo Canada.
4. Invoices are based on actual costs and are due upon receipt. No administrative fees are applied.
5. Invoices that are 30 days overdue: individuals will receive a written reminder with a copy sent to the provincial association.
6. Invoices that are 60 days overdue: individuals will be contacted by the Judo Canada office to discuss payment. If no arrangements can be made the following steps will be taken:
 - A 10% service fee will be added to the invoice;
 - The individual automatically becomes a member not in good standing and all benefits and privileges are suspended – this includes access to competitions, grading, carding, etc.; and
 - If reinstated, for all future travel arrangements the individual may be required to pay the amount of the trip in advance in full by credit card, certified check or money order.
7. For accounts more than 90 days overdue, Judo Canada will inform the individual and charge the debt to the credit card number that was initially provided with the application.

If Judo Canada is sending a team to the same event, travel arrangements and accommodation of self-funded participants must also be coordinated by Judo Canada. Under no circumstances are individuals to contact the host organizing committee directly.

In some cases (limited to underage athletes) Judo Canada will facilitate travels of Parents to event, but in no case, room sharing will permitted.

Injury/Weight issue:

An injured athlete that is unable to undergo full training, including regular scrimmage, during the two-week period prior to departure may be withdrawn from the event. **If at any time prior to an event, body weight exceeds 8% of weight category and the national team nutritionist and team physician judge making weight dangerous the athlete may be withdrawn from the event.**

Final decisions will be made by the High Performance Director with the approval of the High Performance Committee.

Policy 10**Selection Notice**

After the deadline of each Notice of Application (Policy 9), Judo Canada will post a list of selected athletes on its website outlining the following:

- Event
- List of selected athletes by weight class
- Dates of travel
- Training camp dates (if applicable)

Selected athletes will also be notified by e-mail at the address provided when they registered.

Policy 11**Failure to Make Weight**

Athletes funded by Judo Canada to attend international events who do not make weight for their selected weight class will be responsible to reimburse Judo Canada for all costs incurred.

For carded athletes, failure to make weight is considered a breach of their carding contract.

Policy 12**Exemption Request Procedure****Introduction:**

This policy applies to all exemption of mandatory requirements for selection as well as from carding contract obligations.

Exemptions to parts of a program can be requested for exceptional circumstances. Exceptional circumstances may include: a death in the immediate family, an injury, or conflict with another competition or training camp deemed more appropriate by the High Performance Director for the athlete's preparation for performance at World Championships/Olympic Games.

Process:

1. Request must be made as soon as the problem is known. In the case of injury, the request must be received within **7 days** of the occurrence of the injury.
2. The request must be made in writing, signed by the personal coach, stating the circumstances with supporting evidence by e-mail to HP@judocanada.org. Injury requests must include a medical certificate that indicates the type of injury, severity and estimated recovery time. Judo Canada has the right to seek a second medical opinion.

3. An injured athlete that is unable to undergo full training, including regular scrimmage, during the two-week period prior to departure may be withdrawn from the event. Final decision will be made by the High Performance Director with the approval of the High Performance Committee.

The High Performance Committee will evaluate all requests and deliver its decision in writing.

Policy 13

Fight-Off Procedure

Unless indicated otherwise in an event-specific selection policy, selection situations requiring a fight-off will follow the following fight-off procedures and will be held at the National Training Centre:

1. The High Performance Director and the High Performance Committee chair will oversee the fight-off and the procedures.
2. The referee team will all be at least national "A" certified including at least one referee certified International A currently active on the international scene. The Chair of the National Referee Committee will select the referee team and will act as chief referee for the fight-off or will nominate a chief referee. If the two contestants are from different provinces then the referee must be from a neutral province and the two judges must either come from the same provinces as the two contestants, or they must both come from neutral provinces. If the two contestants are from the same province, then any combination can be used. IJF rules will apply except where noted below or as indicated in the fight-off notice.
3. IJF weight classes and weigh-in procedures will apply unless indicated otherwise in specific selection policy.
4. Athletes will have a minimum 30-minute rest between matches. By mutual consent of the two contestants, an earlier start time may be agreed after the previous match has finished.
5. In the event of an injury, causing the withdrawal of a contestant from the current or subsequent match, the High Performance Committee shall decide what further action is to be taken.
6. The following costs shall be borne by Judo Canada: expenses of officials and minor officials (timekeepers, score board keepers).
7. To ensure there is no home-mat advantage, access to the shiai-jo will be limited to the following people: athletes in the fight-off; 2 coaches or designates per athlete in the fight-off; 1 representative per province involved in the fight-off; referees as needed; technical officials/staff; Judo Canada President or representative; Accredited members of the media; individuals appointed by the High Performance Committee Chair. All other persons are prohibited from attending the fight-off.
8. The format of fight-off (unless specified in Specific Team selection policies):
 - a. 2 athletes: best of 3 matches
 - b. For more than 2 athletes: single round robin.

Elite National Championship 2020 - Selection Policy
U18 & Senior (for top 8 ranked athletes per division in Canada)
January 11-12, 2020

U18/Cadet:

1. The top seven (7) athletes will be selected in each weight categories in the following order of priority (on November 15, 2019):
 - 1) Carded athletes;
 - 2) Athletes with an F standard or better;
 - 3) Medalists at the Canada Cup U18 (June 2019);
 - 4) Total points from the National circuit:
 - 4.1) U16 and U18 Open Nationals (May 2019), Canada Cup U16 (June 2019), U18 Quebec Open (November 2019) and U18 Ontario Open (November 2019), using the following points distribution:
 - Gold: 10
 - Silver: 7
 - Bronze: 5
 - 4.2) U18 Saskatchewan open (October 2019), U18 Pacific International (March 2019), U18 Edmonton International (March 2019), U18 Eastern Canadian Championship (October 2019), using the following points distribution:
 - Gold: 7
 - Silver: 5
2. One athlete will be added as a wild card by the High Performance Committee. If fewer than 8 athletes are qualified, other wild cards could be allocated.
3. Participation in one of the following events is mandatory for selection:
 - Saskatchewan Open (October 2019)
 - Eastern Canadian Championship (October 2019)
 - Quebec Open (November 2019)
 - Ontario Open (November 2019)

Exemption: In some cases (e.g., injury, participation in an international event), requests for an exemption from the above-mentioned events can be submitted to Judo Canada's High Performance Committee by November 1, 2019. The High Performance Committee has final say on whether or not to grant an exemption.

Senior:

On November 15, 2019, all athletes will be ranked according to the national team points as defined in policies 3, 4 and 6 of the 2019-2020 National Team Handbook.

- 1) The top 7 athletes in each category will be selected.
- 2) One athlete will be added as a wild card by the High Performance Committee.
- 3) If less than 8 athletes are qualified, other wild cards could be allocated.

Notes:

- 1) In exceptional circumstances, the High Performance Committee might add a 9th athlete in a weight class.
- 2) For Cadet age group: a minimum of one (1) win is required to obtain points for selection
- 3) For cadet ranking, 50% of the points are transferrable to one weight class above or below.
- 4) Cadet: gold medalists in every weight class will obtain the minimum standard to compete in European March Cadet Tour 2020.

Policy 15

Major Event Team Selection Policies

15.1 2020 SENIOR PAN-AMERICAN CHAMPIONSHIPS

April 17-18, 2020, Montréal, Qc

I - INTRODUCTION

This selection procedure applies to the following weight classes:

Men (7)	Women (7)
under 60kg	under 48kg
Over 60kg and under 66kg	Over 48kg and under 52kg
Over 66kg and under 73kg	Over 52kg and under 57kg
Over 73kg and under 81kg	Over 57kg and under 63kg
Over 81kg and under 90kg	Over 63kg and under 70kg
Over 90kg and under 100kg	Over 70kg and under 78kg
Over 100 kg	Over 78kg

The Pan-American Judo Confederation (PJC) allows each country a maximum quota of 9 male and 9 female athletes, with a maximum of two athletes per weight category.

II - ELIGIBILITY

1. Athletes must have Canadian citizenship and be a member in good standing with Judo Canada to be eligible for selection.
2. Athletes with minimum E standard will be eligible for selection.
3. Spring Camp 2020 is mandatory unless exception granted (see policy 12).

III - SELECTION PROCEDURE

Accumulation of points and standards for selection purposes conclude on March 16th, 2020.

1. All athletes who have met the eligibility criteria above will be ranked according to IJF world ranking list. Only points counting toward Olympic Selection will be used (May 25, 2018 until March 16, 2020); With point from May 25th 2018 until May 23, 2019 counting at 50%.
2. The athletes selected will be the highest-ranked athletes, as permitted by the PJC quotas for the men and women events.

IV - FUNDING

1. All selected athletes within Senior priority 1 to 4 and junior priority 1 in Policy 9 of the 2019-2020 National Team Handbook will be funded by Judo Canada.
2. All other selected athletes will have the opportunity to participate in this event on a self-funded basis (Partial funding might be available if budget permits).

V - TRAINING COMMITMENT

Judo Canada's High Performance Director and Senior National coaches will design and lead the preparation program (competitions, camps, testing and training requirements) for the 2020 Senior Pan-American Championships. Meeting the requirements of the preparation program is a condition of selection. Failure to live up to the preparation program, as determined by the High Performance Director, will result in withdrawal of selection. Such a recommendation must be supported by the High Performance Committee.

VI - APPEALS TO SELECTION

Appeals to selection are limited to incorrect application of policy or procedures. In the case of an appeal, a "Grievance Procedure" will apply as per current Judo Canada Policy.

VII - INJURY OF A TEAM MEMBER DURING PREPARATION PHASE

Athletes are required to report all performance-limiting injuries or medical operations that occur after their selection. An injured athlete that is unable to undergo full training, including regular scrimmage during the two-week period prior to departure, may be withdrawn from the team.

VIII - ALTERNATES

If substitution is needed, the substitute will be determined according to selection criteria stated above. Final decision in this regard will be made by the High Performance Committee of Judo Canada.

IX - UNFORESEEN CIRCUMSTANCES

In the case of any unforeseen circumstances arising during the selection process, the High Performance Committee of Judo Canada will rule on the course of action.

15.2 2020 OLYMPIC GAMES SELECTION INTERNAL NOMINATION PROCEDURES – FINAL

Tokyo, Japan – July 25- August 1, 2020

I - INTRODUCTION

This selection policy constitutes the entire policies and procedures through which Judo Canada will identify and select its nominations to the Canadian Olympic Committee for selection to the 2020 Canadian Olympic Team. Judo Canada's maximum number of nominations is dictated by the procedures adopted by the International Judo Federation, such procedures being provided herein in Appendix A. It is Judo Canada's intention to utilize all the quota positions earned by the athletes/NSF as per the qualification process established by the IJF.

Contact: For questions or clarifications on the contents of this document, please contact Nicolas Gill (n.gill@judocanada.org)

II - ELIGIBILITY

1. Canadian Citizenship, as per Rule 41 of the Olympic Charter, is a requirement to participate in the Olympic Team selection process.
2. Must be in compliance with all International Judo Federation (IJF) requirements for eligibility, as outlined in Appendix A.

3. The list of athletes eligible to participate in the 2020 Olympic Games will be determined by the IJF and communicated to National Olympic Committees by May 30, 2020. This list is referred to in this document as the “IJF Olympic List”.
4. Must possess a valid Canadian passport which does not expire on or before Feb 9, 2021.
5. Must sign and submit the Tokyo 2020 Conditions of Participation Form no later than June 15, 2020.
6. Must sign and submit the Canadian Olympic Committee Team Member Agreement no later than June 15, 2020.
7. Must be a member in good standing of Judo Canada.

** Note: Only one athlete per country is considered in the IJF Olympic list. For reference see:*

https://www.ijf.org/wrl_olympic?category=all

III-Decision Making Authority

Olympic nominations will be recommended by Judo Canada’s High Performance Director and submitted for approval to Judo Canada’s Board of Directors. Recommendations for Olympic nominations will be determined as follows:

SELECTION PROCEDURES FOR OLYMPIC NOMINATIONS

Olympic nominations, including alternates, will be presented by Judo Canada to the Canadian Olympic Committee’s (COC) Team Selection Committee as far in advance of the Olympic Games as the circumstances allow, but no later than June 27, 2020.

Cases (1) and (2) without fight-off

Case 1: In a weight class in which only one athlete is allocated a quota place as per the IJF Olympic List, this athlete will be nominated to the COC for inclusion on the Olympic Team.

No alternate will be nominated.

Case 2: In a weight class in which two or more athletes are ranked in the top 18 of the World Ranking List of May 25, 2020, but only one of them is ranked 8th or higher in the IJF Olympic List, this athlete ranked 8th or higher will be nominated to the COC for inclusion on the Olympic Team. Only one athlete per country will be considered in establishing the top 8 ranking.

The alternate will be the highest ranked athlete among the athletes ranked 9th and below as stated by the IJF Olympic list. In case of a ranking tie between two or more athletes, a fight-off will be organized to determine the alternate.

Cases (3) and (4) with fight-off

Case 3: In a weight class in which several athletes are ranked in the top 18 of the World Ranking List of May 25, 2020, and two or more athletes are ranked 8th or higher in the IJF Olympic List, a fight-off will be held between these athletes ranked 8th or higher in the IJF Olympic List, on June 6, 2020 (NTC, Montreal). The winner of the fight-off will be nominated to the COC for selection to the Olympic Team.

The alternate will be the athlete placing second in the fight-off

Case 4: In a weight class in which two or more athletes are ranked in the top 18 of the World Ranking List of May 25, 2020, but none of these athletes are ranked 8th or higher in the IJF Olympic List, a fight-off will be held between these athletes who have met Olympic eligibility standard as per the IJF Olympic

List, on June 6, 2020 (NTC, Montreal). The winner of the fight-off will be nominated to the COC for inclusion on the Olympic Team.

The alternate will be the athlete placing second in the fight-off

IV - FIGHT-OFF PROCEDURES

Judo Canada will be responsible for organizing all fight-offs at the National Training Center in Montreal on June 6, 2020, as per the following procedures:

1. Two persons fight off: a best two out of three procedure will be used. The winner of two fights will be nominated to the COC for inclusion on the Olympic Team.
2. For situation of three or more participants, a round-robin format will be used. At the end of the round-robin, the athlete with the most wins will be nominated to the COC for inclusion on the Olympic Team. In case two or more athletes are tied in the number of wins, another fight-off will be launched immediately only including the athletes tied in first position. This procedure will be followed until a fight-off winner is declared. The winner will be nominated to the COC for inclusion on the Olympic Team.
3. See policy 13 of 2018-2019 Handbook for other Fight off procedures.

V - APPEALS TO SELECTION

Appeals to selection are limited to incorrect application of these policies or procedures. In case of an appeal, the Appeals Policy will be applied as per Judo Canada's policy in use at the time of the selection. This policy and procedure can be found at:

http://www.judocanada.org/wp-content/uploads/2018/01/Appeals_Policy_EN_Jan_12_2018.pdf

If both parties agree, the Appeals Policy can be bypassed, and the matter can be brought immediately before the Sport Dispute Resolution Center of Canada who will then manage the appeals process.

VI - TRAINING COMMITMENT

Judo Canada's Olympic Coaching Staff (as indicated below in section VIII) will plan and implement the Olympic preparation program (training, competitions, camps, testing and all other preparation requirements). Failure by an Olympic athlete or alternate to live up to the preparation program will be examined by the High Performance Committee and may result in a recommendation of selection withdrawal, subject to approval by the Board of directors of Judo Canada.

VII - INJURY OF A TEAM MEMBER DURING PREPARATION PHASE

At the end of the nomination process, all athletes will be required to report performance limiting injuries or medical procedures they might need to undergo.

An injured athlete will be withdrawn from the Olympic team when the two following conditions are met:

1. The athlete is unable to follow full training such as regular scrimmage during the two weeks prior to the Olympic Team's departure for the Olympics Games;

2. The National Team physician does not recommend his or her participation to the Olympic Games.

After nomination to the COC, any such withdrawal is subject to the approval of the COC Team Selection Committee. After July 6, 2020, any athlete replacement is subject to the IOC Late Athlete Replacement Policy.

VIII - SELECTION OF THE COACHING AND SUPPORT STAFF

1. Judo Canada's designated High Performance Director or Manager will serve as the Team leader for the Olympic Games 2020.
2. Accreditation to Coaches and Support will be distributed with the following priority:
 - a. National coaches
 - b. Head therapist
 - c. Training partners
 - d. Other IST members

To be recognized as a coach he or she must be in good standing with the Professional Coaching program of the Coaching Association of Canada, either as a Chartered Professional Coach or as a Registered Coach.

To be accredited as a Therapist, he or she will need to be certified as CATA or SPC and have a professional liability insurance coverage.

IX - UNFORESEEN CIRCUMSTANCES

Should unforeseen circumstances arise during the selection process, the High Performance Committee will recommend a course of action, pending approval by the Board of Directors of Judo Canada.

Should Judo Canada need to make amendments to the published selection criteria, it would submit the proposed amendments to the COC for review. This clause shall not be used to justify changes after a competition or trials which formed part of these Internal Nomination Procedures unless it is due to an unforeseen circumstance. This is to allow for changes that may become necessary due to a typographical error or a lack of clarity in a definition or wording before it has an impact on athletes. Upon review, a memorandum with the amended version of the selection criteria would be emailed by Judo Canada to the COC, all athletes involved in the selection process, the coaching staff and all Provincial/Territorial Judo Associations. This amended document would also be placed immediately on Judo Canada's website in replacement of the older version.

X – LANGUAGE

Where there is a difference in interpretation between the French and English versions of this document, then the English version shall prevail.

Policy 16

Athlete Assistance Program (AAP)

ATHLETE ASSISTANCE PROGRAM (AAP) 2020-2021

Objective: To identify and support Canadian athletes performing at, or having the greatest potential to achieve top 8 results at the Olympic/Paralympics Games and World Championships. Judo Canada's carding cycle runs from October 1st, 2020, to September 30th, 2021.

The current quota of senior cards allocated by Sport Canada is **sixteen (16)** or its equivalent value of \$338,880. This amount is subject to change. Athletes are generally recommended for 12 months of carding support but if upon the application of the carding criteria less than 12 months of carding is available, an eligible athlete may be recommended if there are 4 or more months of support remaining.

To be eligible for the AAP, an athlete must meet the requirements described in Section 2.3 of the “Athlete Assistant Program (AAP) Policies and Procedures”: <https://www.canada.ca/en/canadian-heritage/services/funding/athlete-assistance/policies-procedures.html>.

SCHEDULE A: CARDING OF ABLE-BODIED JUDOKA

Judo Canada’s High Performance Committee, upon recommendation from the High Performance Director, will determine a priority ranking of all AAP eligible athletes based on the carding criteria presented in this document. Sport Canada approves nominations in accordance with the AAP policies and procedures.

1. CONDITIONS FOR ALL CARDS

- 1.1 All senior carded athletes and U21 and U23 development carded athletes will be based at the National Training Centre at INS Québec in Montreal (NTC). Being based at the training centre (NTC) means that the carded athlete commits to train full-time at the NTC in Montreal. The carded athlete accepts to follow the yearly training plan designed by the High Performance Director. This plan includes all NTC-based daily judo training sessions, other types of training (e.g. strength training, mental training, etc.), performance tests, medical exams, tournaments, training camps, or training periods that may take place in Canada or abroad, as approved by the High Performance Director.
- 1.2 All carded athletes with a D card under the age of 18 on December 31st, 2020 will be based at the National Training Centre at INS Québec in Montreal (NTC) or at one of the designated Regional Training Centres (RTC), i.e. Toronto, Ontario or Lethbridge, Alberta. Being based at the National training centre (NTC) or designated RTC means that the carded athlete commits to train full-time at the NTC or RTC. The carded athlete accepts to follow the yearly training plan designed by the High Performance Director and the RTC Coach. This plan includes all NTC/RTC-based daily judo training sessions, other types of training (e.g. strength training, mental training, etc.), performance tests, medical exams, tournaments, training camps, or training periods that may take place in Canada or abroad, as approved by the High Performance Director and RTC Coach.
- 1.3 The years an athlete is carded while of Junior IJF age, do not count towards the total years of carding as a Senior-age athlete.
- 1.4 A C–1 Card is designated by Sport Canada as a “probationary” card and is awarded to athletes carded for the first time at the Senior Card level. If an athlete’s first Senior Card is awarded for a top 8 result at the World Championships or Olympic Games, then the probation period does not apply and the C-1 is upgraded to a Senior International Performance Card (SR1).
- 1.5 Carding selection and the continuation of carding is dependent upon the athlete's adherence to the obligations outlined in the carding contract (Policy 17). The athlete must agree to follow the training, competitive, and administrative policies of Judo Canada (National Team Handbook 2019-2020). Judo Canada will notify Sport Canada to start carding payment only when the signed athlete’s contract and annual training plan have been received at Judo Canada’s office.

- 1.6 Carded athletes must take part in all competitions, testing, medical examinations, and National training camps to which they are selected. Should extenuating circumstances arise that prevent participation in some of these events, athletes must apply to the High Performance Committee of Judo Canada for an exemption (see Policy 12- Exemption request procedure).
- 1.7 Should an athlete fail to participate in a scheduled event as required per Appendix B of the Carding Contract, the High Performance Committee will apply a sanction as per specified in the carding contract.
- 1.8 Cards are subject to termination during the carding season. The National Coaching Staff will evaluate the performance of the carded athlete, and if it is determined that the athlete does not respect the conditions of the carding contract, the card will be removed and possibly transferred to the next applicant (see section 7).

2. PRIORITIZATION

Cards will be allocated to eligible athletes in the following order of priority:

- 1) Athletes eligible for Sport Canada's "Senior International Performance" cards (SR1/SR2);
- 2) Athletes eligible for "Development" cards (D) U18 & U21- 6 D cards;

Remainder of cards will be distributed in this order of priority until carding quota is completed:

- 3) Athletes eligible for "Senior Performance" cards (SR/C1);
- 4) Athletes eligible for "Development" cards (D) U23 with a minimum of C National Team standard.
- 5) Athletes eligible for "Development" cards (D) U21 with a minimum of D National Team standard.
- 6) Athletes eligible for "Development" cards (D) U18 with a minimum of E National Team standard.
- 7) Athletes eligible for "Development" cards (D) U23 with a minimum of D National Team standard.
- 8) Athletes eligible for "Development" cards (D) U21 with a minimum of E National Team standard.
- 9) Athletes eligible for "Development" cards (D) U18 with a minimum of F National Team standard.
- 10) Athletes eligible for "Development" cards (D) U23 with a minimum of E National Team standard.
- 11) Athletes eligible for "Development" cards (D) U21 with a minimum of F National Team standard.
- 12) Athletes eligible for "Development" cards (D) U18 with a minimum of G National Team standard.
- 13) Athletes eligible for "Development" cards (D) U21 with a minimum of G National Team standard.
- 14) Athletes eligible for "Development" cards (D) U18.

3. Senior International Performance Carding Criteria (SR1/SR2)

Sport Canada's Senior International Performance Card (SR1/SR2) is awarded to an athlete placing in the top 8 and top 1/2 at the 2020 Senior World Championships. This card is valid for a two-year period (year one designated as SR1; year two designated as SR2). However, the second year of carding is not automatic. An athlete must be nominated to Sport Canada by Judo Canada, thus he/she must:

- a) Meet the minimum standard to qualify for the next Senior World Championships (or Olympics);
- b) Respect the conditions of Judo Canada's Carding Contract.

4. DEVELOPMENT CARDING CRITERIA (D) U18 & U21

4.1 General information

Objective: To identify and support young Canadian judokas with a superior international potential, at an earlier time of their athletic development than is possible with the senior carding system. The program must allow for an enriched training and competitive schedule that will prepare selected athletes to gain skills critical for success at the senior level.

The Development Card U18 or U21 is valid for a one-year period. Only athletes under 21 years old (U21) as of December 31st, 2020, and athletes under 18 years old (U18) as of December 31st, 2020, are eligible

for these cards. Judo Canada’s financial support provided for athletes carded at the D level is designated for training, equipment, and competition costs. The athlete may be required to cost-share in some competitive opportunities, based on the support received. Any cost-sharing requirements will be so noted in the athlete's contract.

Six (6) Development Cards (U18 and U21) will be awarded.

4.2 Development Card Selection Procedure

Eligible athletes will be ranked according to Judo Canada ranking points as per National Team Policy 5. No minimum standard requirement is needed for those 6 development cards.

1. **Female:** The three (3) highest ranked eligible U21 athletes, with at least one being U18, will be nominated for carding.
2. **Male:** The three (3) highest ranked eligible U21 athletes, with at least one being U18, will be nominated for carding.

Note: Athletes who qualify for a Development Card and who also qualify for a Senior Performance Card have the choice of accepting any of these. Athletes who elect to accept a Senior Performance Card will be eligible for a Development Card in future seasons, if they meet the eligibility criteria for such card.

5. Senior Performance Carding Criteria (SR/C1)

5.1 Senior Performance Carding Criteria (SR/C1) are awarded for a one-year period to athletes according to their rank in the Judo Canada's National Team Standard/Ranking point system (NT Policies 3 to 8). To be eligible for a "Senior Performance" card nomination, athletes must meet the following criteria:

ENTERING year carded as a senior age athlete.	Performance Standards required for carding	National Championships Standard*
1st through 4th	National 'A' or 'B' Team Member	Participate** in the 2019 Elite Senior Nationals
5th through 7th	National 'A' Team Member; or National "B" Team and ranked in the top 18 on the IJF World Ranking list on September 30 th , 2019. (Note: only one athlete per country, not including the host nation, is used to calculate top 18 as per Olympic qualifying standard).	Participate** in the 2019 Elite Senior Nationals
8th and beyond	National 'A' Team Member and has placed in the top 8 at the World Championship or Olympic Games within the past 4 years.	Participate** in the 2019 Elite Senior Nationals

* Unless granted an exemption by the High Performance Committee (see Policy 12).

** Participation in a tournament is defined as taking part in the first bout of the tournament.

5.2 Carding Nomination Procedures for Senior Performance

1. At the end of the carding qualification period (September 30th, 2020), athletes will be prioritized for nomination based on National Team Points (and Standards if tied in points) as per NT Policies 3 to 8. It is a possibility that there is not sufficient card for all athletes meeting minimum standards.
2. Athletes will be removed from the prioritized list if they:
 - do not meet the minimum Performance Standards;
 - did not fulfill the National Championships Standard;
 - are not involved in a High Performance training program;
 - Refuse in writing, prior or after nomination, to respect re-location criteria or any other requirements.

6. REMAINING CARDS – PRIORITY 4 to 14 – Development Card (See “2. Prioritization”, above)

Objective: To identify and support young Canadian judokas with a superior international potential, transitioning into the senior carding system. The program must allow for an enriched training and competitive schedule that will prepare selected athletes to gain skills critical to succeed at the senior level.

6.1 All the Development Cards are valid for a one-year period. Judo Canada’s financial support provided for athletes carded at the D level is designated for training, equipment, and competition costs. The athlete may be required to cost-share in some competitive opportunities, based on the support received. Any cost-sharing requirements will be so noted in the athlete's contract.

6.2 As per the priority list presented in point “2. Prioritization”, above, once priorities 1, 2 and 3 are completed the remaining available cards will be distributed as per priority 4 to 14 until the carding quota allocation is fully distributed. No maximum or minimum numbers of cards are reserved for each priority.

6.3 U23 is defined as athletes under 23 years old (U23) as of December 31st, 2020.

6.4 The number of Development Cards available as per priority 4 to 14 will depend on the following:

- a) Total quota of cards allocated by Sport Canada to Judo Canada.
- b) Total number of Senior International cards & Senior Performance cards allocated to eligible judokas.

The remaining available cards will be designated as Development Cards.

6.5 Eligibility Conditions for Development Cards

1. Participate in the Elite Senior Nationals 2020*.
2. Athlete must be involved in a High Performance training program

* Unless granted an exemption by the High Performance Committee (see Policy 12).

6.6 Selection and nomination procedures for Development Carding Criteria priority 4 to 14:

- a) All U23, U21, U18 athletes as specified prior and below that did not get nominated for a card as per priority 1, 2 and 3 will be ranked as per National Team Standard and Points (Policies 3 to 8 NT Handbook 2019-2020).
- b) The highest ranked eligible athletes (Male and Female combined) as per available cards respecting the priorities set in point 2 will be nominated for carding.

7. Failure to meet renewal criteria for health-related reasons (Illness, Injury or Pregnancy)

A carded athlete who, at the end of the carding cycle, has not achieved the standard required for the renewal of his/her carding status solely because of health-related reasons may be considered for re-nomination for the upcoming year provided the following conditions are met:

- The athlete had at least one past performance of top 8 at the World championships or Olympic Games in the last 4 years;
- The athlete must have informed Judo Canada as soon as possible and, if the health issue happened prior the Elite Senior Nationals, requested an exemption as per Policy 12.
- The athlete has fulfilled all reasonable training and rehabilitation requirements aimed at a speedy return to full high performance training and competition during the period of his or her injury, illness or pregnancy or is continuing a rehabilitation program approved by Judo Canada;
- In the view of Judo Canada, the athlete's failure to attain the applicable carding standards is strictly related to the injury, illness or pregnancy;
- Judo Canada, based on its technical judgement and that of a Judo Canada team physician or equivalent, indicates in writing to Sport Canada the expectation that the athlete will achieve at least the minimum standards required for carding during the upcoming carding period;
- The athlete has demonstrated and continues to demonstrate his or her long-term commitment to high performance training and competition goals, as well as his or her intention to pursue full high performance training and competition throughout the carding period for which he or she wishes to be renewed despite not having met the carding criteria.

An athlete may only be nominated to the AAP under this clause once in their career.

If more than one athlete meets this clause, they will be ranked based on the previous season international ranking.

8. WITHDRAWAL OF CARDING SUPPORT

The High Performance Committee, upon recommendation from the High Performance Director, may at any time recommend the withdrawal of an athlete's carded status to Sport Canada, provided that the following steps have been followed:

1. The athlete was provided with a verbal warning, including the steps and timelines to remedy to the situation and the consequences of a failure to heed the warning;
2. Where applicable, a letter of warning will be sent to the athlete.
3. If the above-mentioned steps are not successful in resolving the matter and Judo Canada still wishes to recommend withdrawal of carded status, Judo Canada must send a letter to their Sport Canada Program Officer and the AAP Manager, with a copy to the athlete, recommending withdrawal of the athlete's carded status. This letter must:
 - indicate the grounds on which the recommendation is being made;
 - indicate the steps already taken to address the issue (verbal warning followed by formal letter of warning);
 - provide notice to the athlete of his/her right to contest Judo Canada's recommendation to withdraw his/her carded status, through Judo Canada's internal appeal procedure, within the prescribed time.

9. ADDITIONAL INFORMATION

General information on the Sport Canada - Athlete Assistance Program (AAP) can be found in the Athlete Assistance Program Athletes Handbook published by Sport Canada (2019). This guide explains the details of the AAP, the benefits to the athlete (monthly support, tuition payment, deferred tuition), and the athlete's rights.

For further information visit:

Sport Canada at: <https://www.canada.ca/en/canadian-heritage/services/funding/athlete-assistance.html>.

10. APPEALS TO CARDING NOMINATIONS

Appeals to carding nominations are limited to incorrect application of policy or procedures. In case of an appeal, a "Grievance Procedure" will apply as per current Judo Canada Policy.

CARDING CONTRACT

THIS AGREEMENT made as of the 1st day of October 2020.

BETWEEN: JUDO CANADA
(Hereinafter referred to as Judo Canada) OF THE FIRST PART

AND _____
(hereinafter referred to as the "Athlete") OF THE SECOND PART

WHEREAS Judo Canada is recognized by the International Judo Federation (IJF) and Sport Canada as the sole National Sport Governing Body for judo in Canada;

AND WHEREAS Judo Canada desires to establish its rights and obligations vis-à-vis carded athletes;

AND WHEREAS the Carded Athlete as a funded member of Judo Canada desires to define her/his rights and obligations vis-à-vis Judo Canada;

AND WHEREAS Sport Canada requires these rights and obligations be reduced to a written agreement;

AND WHEREAS Judo Canada has the right to select athletes to participate in international tournaments and/or training camps;

AND WHEREAS the International Judo Federation requires that Judo Canada certify the eligibility of the Athlete participating in international events to be member in good standing of Judo Canada.

NOW THEREFORE THIS AGREEMENT WITNESSETH that the parties hereto hereby agree as follows:

1. Judo Canada shall:

a) plan, organize, and implement the National Team Program.

b) publish selection criteria for all national teams at least three (3) months before the selection for any team and at least eight (8) months before the selection of major games teams (e.g., Olympic, Commonwealth, Francophonie, Pan-American, Fédération internationale du sport universitaire (FISU) and World Championship Teams);

c) publish criteria for the selection of athletes to the Athletes Assistance Program (AAP) ten (10) months prior to the commencement of the selection;

d) conduct the nomination process and nominate for carding all eligible athletes and thereafter shall ensure each carded athlete receives all benefits to which that athlete is entitled;

e) assist the athlete in obtaining quality medical care including services offered by the Canadian Sport Centre;

- f) ensure that National Team athletes are provided with the National Team uniform which is to be worn at all international events;
- g) provide information on the National Team Program to the athlete in the form of correspondence through the national office of Judo Canada;
- h) provide a hearing and an appeal procedure which is in conformity with the generally accepted principles of natural justice and due process, and which will include access to an independent arbitration process with respect to any dispute the athlete may have with Judo Canada; publish the details of this procedure in a prominent manner; and provide details to any person requesting this information by or on behalf of the athlete;
- i) provide accident insurance for carded team members when involved in international competitions or training sessions;
- j) provide for a representative, elected by the athletes, to sit as a voting member of the High Performance Committee and the Board of directors of Judo Canada;
- k) communicate with athletes both orally and in writing in any of the official languages of their choice.

2. The Athlete shall:

- a) if the athlete is 18 years or older, relocate to the National Training Center in Montreal;
- b) follow the annual training and competitive plan, as designed by the National Coaching staff, including, in case of injury, full rehabilitation plan at the National Training Center.
- c) follow the program established in the Appendix B and participate in all mandatory training camps, testing and competitions;
- d) notify Judo Canada immediately should illness, injury or other circumstances occur which prevent the athlete from participating in any training or event set forth in Appendix "B" herein as scheduled, the athlete agrees that written reports from his or her doctor, and personal and/or provincial coach, will be forwarded to the national office of Judo Canada within two weeks of the injury, it has been understood that Judo Canada reserves the right to a second medical opinion from a doctor of its choice;
- e) dress in the National Team uniform and all other official clothing, while traveling and/or participating as part of the National Team or any other Judo Canada activities; (as per policy 22 of the 2019-2020 Handbook)
- f) abide by the code of conduct set out in the National Team Handbook while attending required events;
- g) not use banned drugs or methods as detailed in the rules of the International Olympic Committee (IOC), the International Judo Federation (IJF), Judo Canada and the Canadian Center for Ethics in Sport (CCES), and shall submit to announced and/or unannounced doping control test upon request by Judo Canada or any authority designated to do so by Judo Canada, within the guidelines as outlined in the CCES Doping Control Standard Operating Procedures; as per annex C
- h) not possess banned or restricted drugs as listed by WADA, and shall neither supply such drugs directly or indirectly to others, nor encourage their use;

- i) complete the CCES online anti-doping education program's 2 courses "True Sport Clean" and "Sport Canada - Athlete Assistance Program" at the beginning of each new carding cycle. Failure to do so will result in AAP payments being kept on hold until requirement is met.
- j) if asked by the NSO to do so, participate in any Doping Control/Education Program developed by the NSO in co-operation with Sport Canada and the CCES.
- k) respect and abide by the Canadian Anti-Doping Program (CADP) as administered by the Canadian Centre for Ethics in Sport (CCES)
- l) for doping related appeals, utilize the hearing and appeal procedure that is outlined in the Canadian Centre for Ethics in Sport Doping Policy;
- m) for team selection disputes, utilize the Grievance and Appeal Procedure outlined in the National Team Handbook;
- n) acknowledge that he or she has the right to appeal decisions on matters related to the Athlete Assistance Program (AAP), first to Judo Canada and subsequently to Sport Canada;
- o) secure a travel permit or Canadian Passport in accordance with the Judo Canada requirements when competing internationally;
- p) provide Judo Canada with his or her address and that of his or her personal coach, and shall notify Judo Canada of any changes of address for either the Athlete or the coach, if applicable;
- q) not participate in any competitions where the Federal Government Sport Policy or the policies of Judo Canada have determined that such participation is not permitted;
- r) compete and/or participate in Appendix "B" events as set forth there in and other events as selected by Judo Canada;
- s) read the National Team Handbook, seek clarification as needed from Judo Canada, and agree to abide by the policies and procedures as established in the said handbook;
- t) not live in any environment not conducive to high-performance achievement and not take any deliberate action that puts his or her ability to perform at risk or limits his or her performance;
- u) participate in sport-related, non-commercial promotional activities on behalf of the Government of Canada, keeping in mind that Judo Canada usually makes such requests for participation and arranges the activities. It is understood that unless supplementary compensation is arranged, these activities set out herein do not normally involve more than two working days per athlete per year;
- v) actively participate in all AAP evaluation activities, cooperate fully in any evaluation of the AAP that may be conducted by the Minister of Sport or anyone authorized to act on the Minister's behalf and provide such data as the person conducting the evaluation considers necessary for the proper conduct of the evaluation.

3. The athlete hereby grants to Judo Canada the right to use their name, likeness, photograph, image, sketch, voice, recorded image and/or voice, televised image and/or voice, radio broadcast voice, signature, endorsement and performance record of the Team Member for promotional purposes and for raising revenues to support Judo Canada's objectives. The athlete also grants to Judo Canada the right to assign such rights to such persons, firms, corporations or parties as Judo Canada in its sole discretion shall determine.

The athlete agrees to cooperate with Judo Canada in fulfilling all the obligations he or she may incur with respect to any agreements entered into by the athlete respecting the rights granted in paragraph 2(t) of this agreement and this paragraph 3 hereof, and without limiting the generality of the foregoing, the athlete agrees:

- a) to make promotional appearances at all reasonable times as required by Judo Canada at Judo Canada's expense;
 - b) to attend, at all reasonable times, such photographic sessions as well as television and radio commercial production sessions as required by Judo Canada;
 - c) to abide by the athlete's responsibilities as set out in the Sport Canada's Athlete Assistance Program Guide;
 - d) that if the athlete wishes to seek sponsorship, including goods, services or funding, he or she must first advise, and this before beginning, Judo Canada, and provide copies of documentation to be used, and the athlete shall not imply that any solicitation or request is being made on behalf of Judo Canada or the National Team; and
 - e) that for any events totally or partially funded by Judo Canada, he or she shall not obtain sponsorship on clothing, personal belongings or other items unless such sponsorship has received the written approval of Judo Canada.
4. Where one of the parties to this agreement believes the other party has failed to conform to its obligations under this agreement, it shall forthwith:
- a) notify that party in writing of the alleged default;
 - b) where applicable, indicate in the notice to that party the steps to be taken to remedy the situation; and,
 - c) where applicable, indicate in the notice a reasonable period within which such steps shall be taken. On AAP-related matters, the athlete may direct such notice to the Manager of Sport Canada and to AAP, who may act on behalf of the athlete and indicate to Judo Canada steps to be taken to remedy the situation.
5. In the event of Judo Canada's failing to comply with this Agreement, then in such event, the Athlete shall be released from all obligations under this Agreement except for any provision pertaining to eligibility under the International Judo Federation regulations;
6. In the event of the Athlete failing to comply with this Agreement, Judo Canada may apply the sanctions as published in the Discipline Procedures in the National Team Handbook. In the event of a decision by Judo Canada that an Athlete is to be removed from carding, the Athlete shall be notified by registered mail, with copies sent to the Athlete Assistance Program Manager and Sport Consultant of Sport Canada, thirty (30) days prior to the date when the Athlete is to be removed from carding.
7. It is understood and agreed that Judo Canada shall not be liable for any loss, damage or injury suffered or incurred by the athlete, howsoever caused, whether such loss, damage or injury is occasioned by the athlete while traveling or while engaged in training or competition, nor shall Judo

Canada be responsible for any loss, damage or injury incurred by the athlete at any time and the athlete agrees to indemnify and hold harmless Judo Canada and its successor, and assigns from any claims or demands in respect of any such loss, damage or injury.

I hereby declare that in return for any financial assistance provided by the Sport Canada Athlete Assistance Program, I undertake to fulfill all commitments and responsibilities outlined in the Athlete Assistance Program Policies, Procedures and Guidelines booklet and my Athlete/NSO Agreement. I agree to refund any assistance provided to me, payable to the Receiver General of Canada, should my eligibility status change or my carded status be withdrawn, effective the withdrawal/change of status date. I consent to team medical personnel being advised immediately should there be a significant change in my state of health. I authorize the transmission of this and any other relevant information to doctors, coaches, consultants and therapists as part of sports activities with the National Team. I authorize the transmission of this information by any means, i.e. verbally, in writing, by fax or by e-mail. I also consent to the information in this questionnaire being used for research purposes.

THIS AGREEMENT SHALL TERMINATE on the 30th day of September 2021.

IN WITNESS WHEREOF the parties hereto have executed this agreement this _____ day of October 2020.

Judo Canada

Witness
Signed, Sealed & Delivered in the presence of:

High Performance Director – Judo Canada

Witness

Athlete

**Annex A - Canadian Anti-Doping Program
National Athlete Pool**

I understand that my national sport organization, Judo Canada, has adopted the 2015 Canadian Anti-Doping Program (CADP).

1. I specifically agree that as a member of the National Athlete Pool (NAP) in my sport I am subject to the Canadian Anti-Doping Program (CADP) and accordingly shall be bound by all the anti-doping rules and responsibilities contained in the CADP.
2. I agree that I have been educated regarding the anti-doping rules and violations contained in the CADP (<http://education.cces.ca>).
3. I acknowledge that information, including personal information about me, can be shared between anti-doping organizations for anti-doping purposes and such information will be used only in a fashion that is fully consistent with the limitations and restrictions contained in the World Anti-Doping Agency's International Standard for the Protection of Privacy and Personal Information.
4. Knowing that the only objective of any disclosure of my personal information is to assist the CCES in the enforcement of the CADP, I consent to having police and law enforcement agencies, border services agencies, Sport Organizations of which I am a member and sporting clubs and athletic associations to which I belong, in Canada and elsewhere, disclose to the CCES the personal information they possess, related to me and to the potential anti-doping infractions to the CADP anti-doping rules which could be invoked against me.

Athlete Name

Athlete Signature

Parent/Guardian Name (if athlete is a minor)

Parent/Guardian Signature (if athlete is a minor)

Date

Judo Canada is requested to recommend athletes for different grant programs. Judo Canada will base its recommendations on the grant's eligibility policies and the following selection priority guidelines:

- 1) Top 8 performances at Olympics or Worlds;
- 2) Potential to achieve in the near future top 8 performances at Olympics or Worlds;
- 3) Athlete's respect of minimum training criteria fixes by Judo Canada training staff in a Judo Canada Training Structure (NTC or RTC);
- 4) World Ranking points and National Ranking points;

To ensure a process that is fair and open to everyone and to ensure that National Team athletes are given the opportunity to express clearly whom they wish to be their representative, a nomination procedure is hereby created.

Elections will be held in the same year as presidential elections on the Judo Canada Board.

Candidates must be National Team Standard D or higher, nominated by a member of the National Team Standard D or higher. Nominees must accept their nomination by signing the nomination form.

Nominations must be submitted to the Judo Canada Office at least 30 days prior to the date of the election. Once the nominations have been received, ballots will be produced and sent to all members of the National Team Standard D or higher.

The Athletes Representative will be the candidate with the most votes.

In the case of a tie vote, a second round of voting will take place between the tied candidates.

The recommended candidate will require AGM approval to act as the Athletes' Representative in meetings of Judo Canada's High Performance Committee and Board of Director.

If the Athletes' Representative is unable to attend a High Performance Committee meeting, he/she may choose to be represented by another National Team member of his/her choice. No voting power will be given to the replacement. Appropriate debriefing on key issues and concerns shall occur between the two athletes.

ROLES AND RESPONSIBILITIES

- Participate in the work and meetings of the High Performance Committee and Board of Director.
- Represent the views of National Team athletes to the High Performance Committee.
- Facilitate the communicating of High Performance Committee decisions to the National Team athletes.

NOMINATION FORM
FOR THE ATHLETES REPRESENTATIVE

I, _____, National Team Member, nominate _____

on the National Team, for the Athletes' Representative position.

Signature Print Name Date / /

I, _____, accept the nomination for the position of Athletes' Representative.

Signature Print Name Date / /

NOTE: The nomination must be received by _____

Performances bonus will be given to athletes that accomplish these results:

Olympic Games (Senior)

1st: \$15 000

2nd: \$12 500

3rd: \$10 000

Senior World Championships

1st: \$10 000

2nd: \$7 500

3rd: \$5 000

Policy 21**Travel expenses reimbursement**

Expenses will only be reimbursed for approved National Team events and projects. Normally arrangements for travel and accommodations will have been made directly by Judo Canada. When in doubt, submit a written request for approval of an expense item to Judo Canada before the expense is incurred.

Expense claim forms can be obtained from the Judo Canada office. No expense form will be processed without proper receipts and documentation.

Transportation to and from airports: ground transportation to and from the athlete's home to the airport is not covered by Judo Canada.

Ground transportation: When a personal car is used for approved travel, the rate of reimbursement is \$0.50 per km.

Air transportation: all air travel is arranged through the Judo Canada office.

Under extenuating circumstances and with the approval of the National Coach, an athlete can request alternative travel dates. The change in the ticket must be done through Judo Canada. Any alterations to an athlete's ticket at the request of the athlete, which results in an additional cost, shall be at the athlete's expense and payable prior to the change in the ticket.

Athletes who miss a flight or do not attend an event, without just cause, will be responsible for all cost incurred.

Meals:	Asia & Europe	\$55/day
	Other	\$50/day

Other costs: Other related travel cost, such as vaccinations, registrations fees, and airports tax will be reimbursed.

Introduction: A National Team uniform serves to identify individuals as members of Judo Canada will provide an important means to recognize corporate sponsors and suppliers.

Definition: For this policy, the national team uniform includes judogi, track suit, gym bags or other apparel supplied by Judo Canada.

Carded Athletes: As stipulated in the Carded Athlete Agreement, carded athletes are required to wear the national team uniform while attending any events or activities. Carded athletes will be provided a national team uniform free of charge.

Other Athletes: Non-carded athletes officially selected by Judo Canada to major international competitions, such as the Cadet, Junior or Senior World Championships, for example, will be provided a national team uniform and apparels free of charge. Athletes are required to wear the national team uniform while attending the event.

Compliance: Carded athletes and other members selected to major international competitions will be expected to maintain the uniform in a clean and presentable fashion always and to wear the appropriate uniform at the appropriate time. Judo Canada has a contractual obligation to corporate sponsors and suppliers to ensure that a uniform is worn for the purposes for which it was supplied. Replacement of damage or lost uniforms will be to the athletes' responsibility.

Authority: Judo Canada has the right to discipline members that fail to comply with this policy (See web link to Policy on Discipline Procedures page 45).

Policy 23**Athlete Sponsorship**

Any athlete seeking sponsorship, including goods, services or funding, must first advise Judo Canada and provide copies of documentation to be used. The athlete must not imply that any solicitation or sponsorship request is being made on behalf of Judo Canada or the National Team.

For any events, totally or partially funded by Judo Canada, no athlete shall obtain sponsorship on clothing, personal belongings or other items unless such sponsorship has received written approval of Judo Canada.

Policy 24**Athletes Code of Conduct**

In registering as an Athlete to a Judo Canada activity, an individual agrees to take part in a spirit of fair play, honesty and within the rules and regulations of Judo Canada and the IJF. As such the Athlete member is expected to comply with:

1. Compete/participate in a spirit of fair play and honesty.
2. Compete/participate within the rules of Judo.
3. Maintain body weight at a maximum of 6% weight class limit. (An athlete might be removed from the team/selection if necessary, for safety as per medical expertise)
4. Avoid the use, advocating, condoning, promotion and distribution of banned substances, cases and methods as outlined in the handbook on Drug Classification published by the Canadian Centre for Ethics in Sport.

5. Judo Canada has a "zero tolerance" policy with respect to the consumption of alcohol and non-prescription drugs by any athlete in a competition setting overseas, under the age of 19, irrespective of any other legal requirements.
6. Abuse of alcohol and intoxication or drug abuse will not be tolerated and will result in an immediate removal from the event, repayment of the all costs associated with the athlete's participation in the competition and subject to any disciplinary measures as may be determined by the Judo Canada Discipline Panel and Board of Directors.
7. Address fellow athletes, coaches, officials, volunteers, event organizers, spectators and others associated with Judo in a courteous and respectful manner.
8. Judo Canada has a "zero tolerance" policy for providing alcohol to underage individual.
9. Judo Canada has a "zero tolerance" policy for having underage individual in hotel rooms where people are drinking alcohol.
10. Refrain from using profane, insulting, harassing or otherwise offensive language in the context of the activities of Judo
11. Respect an individuals' dignity; verbal or physical behaviors that constitute harassment or abuse are unacceptable.
12. Respect general curfew of "22h00 in room and 23h00 light out." Unless specified by head coach of the event.
13. Inform the head coach of the event when leaving hotel or competition venue.

Other Documents

Canadian Anti Doping Policy:

<https://cces.ca/sites/default/files/content/docs/pdf/cces-policy-cadp-2015-v2-e.pdf>

Code of Conduct:

https://www.judocanada.org/wp-content/uploads/2018/01/Code_Of_Conduct_EN.pdf

Appeals Policy:

http://www.judocanada.org/wp-content/uploads/2018/01/Appeals_Policy_EN_Jan_12_2018.pdf

Policy on Discipline Procedures:

<http://www.judocanada.org/wp-content/uploads/2011/06/Disciplinary-Policy-EN-Dec-2014.pdf>

Policy on Harassment and Discrimination:

http://www.judocanada.org/wp-content/uploads/2018/08/Judo-Canada-Harassment-and-Discrimination-Policy-August-17_2018.pdf