

Edmonton Yudanshakai Judo Society **PRESENTS:**



2013 White Belt Demonstration **December 6, 2014**

Hosted by EYJS Member Clubs
Dow Centennial Centre
8700-84 Street
Fort Saskatchewan

Subject to change based on facility availability/conflicting date



Judo Alberta Sanction #2014-10

White Belt Demonstration Package

**Tournament setup & competitor organization-11:00 AM
Competition starts at 12:00 noon**

Where: Dow Centennial Centre
8700-84 Street
Fort Saskatchewan, AB

When: December 6, 2014
Subject to change based on facility availability/conflicting dates.

Purpose: Developmental skills based demonstration by White/White-Yellow belt ranked Judoka. **Note: This is not a Shiai or Tournament.**

Time: Setup/participant organization 11 AM Demonstration starts at 12 Noon.

Tournament Director:
Mark Hicks or designate
Phone: (780) 782- 3669
Fax: (780) 449-1351
Email: mhicks@sherwoodford.ca

Divisions: No divisions; this is a skills-based demonstration with partners.

Weigh Ins: None. Demonstrators will be sized up and placed into like groups.

IJF Rules: There are no referees calling ippon, yuko etc. This is a demonstration of developmental skills, not a tournament.

Rank: Limited to white or white/yellow belt participants under 18 years of age

Cost: \$10/participant (PLEASE BRING EXACT CHANGE & SIGNED WAIVER)

Format:
Participants will register with a partner. If a participant does not have a partner, a partner will be assigned from the remaining participants present without partners. Each pair should be similar in size, weight and age because they will be tori and uke for each other. For fun, think of a name for your pairing.

Each pair will be placed into groups of 3 or 4 pairs who then will demonstrate their skills on the same contest area.

Four skills of judo will be demonstrated - nage waza (throw-for-throw techniques), osae waza (ground work techniques including holds, turnovers and escapes), ukemi (breakfalls) and yaku soku geiko (Free flowing exercise of throws/holddowns in which partners offer little or no resistance to the attacks of the other). One mat contest area will be used for each skill.

Each group will rotate between the four skills area until all groups have had a chance to demonstrate their skills. Depending on the available time, each group may be asked to rotate a second time through the four areas.

For nage waza and osae waza demonstration, one participant is Tori for 1.5 minutes and then upon the signal, the other partner becomes Tori for the next 1.5 minutes. Tori should try to demonstrate various types or direction of throws or ground moves that they know. Tori decides which techniques to demonstrate. This is for demonstration purposes, so partners should work with each other and not against each other.

Please distribute to all interested participants!
We will see your competitors and your volunteers
on December 6th
All referees encouraged to attend. . .
WE REQUIRE YOU AND
YOUR CLUB'S PARTICIPATION

Please ensure your attendance and participation

MINOR
(Under 18 years old)

NOTICE: This is a legal document, which must be properly completed and signed or your entry will not be accepted. PLEASE READ CAREFULLY. It affects your rights. If you do not understand it, obtain legal advice before signing.

RELEASE, INDEMNITY, WARRANTY, REGISTRATION AND ASSUMPTION OF RISK

In consideration of the acceptance of the entry of _____ (hereinafter referred to as "the said child") to compete in and/or being permitted to participate in the **EDMONTON YUDANSHAKAI JUDO SOCIETY (EYJS) WHITE BELT DEMONSTRATION** (hereinafter referred to as "This event"), I/we for myself/ourselves and for and behalf of the said child hereby release, remise, and forever discharge and agree to indemnify and save harmless the Alberta Kodokan Black Belt Association, Edmonton Yudanshakai Judo Society (EYJS), EYJS clubs, Dow Centennial Center, the City of Fort Saskatchewan, their respective organizers, officers, executives, directors, officials, agents, servants, sponsors and representatives (hereinafter referred to as "the releasees") from and against all claims, actions, costs, expenses, and demands in respect of death, injury, loss, or damage to the person or property of said child, or myself/ourselves, however caused, arising out of or in connection with the said child competing, or participating in this event and notwithstanding that the same may have been caused by, contributed to or occasioned by the negligence, breach of contract, breach of a common duty of care as an occupier of premises or otherwise, of or by the releases or any of them.

I/We agree to assume all risks, both known and unknown, and all consequences thereof, for me/us and for and on behalf of the said child, arising out of or in connection with said child competing or participating in this event.

I/we agree for myself/ourselves and for and on behalf of the said child to adhere to all rules, regulations and conditions of this event.

I/We agree to allow the said child to participate in one weight division higher than his/her actual weight if there are insufficient competitors in either division and as guided by Judo Alberta's Sanction Policy. He/She may partake in exhibition matches one weight division higher than his/her actual weight.

I/we hereby register the said child as a competitor or participant in this event and I/we certify that: The said child is in good physical condition and has no injury, disease or disability that would impair his or her performance or physical condition or increase the likelihood of injury in competing or participating in this event.

No physician, nurse, therapist trainer, coach, manager, or other person has advised me/us not to allow the said child to compete or participate in a body contact sport or in this event.

I/we am/are familiar with the sport of judo and the nature of a judo contest. I/we am/are aware that there is a risk of injury by the very nature of the sport. We are the father and mother of the said child or the guardian(s) of the said child and the only person(s) lawfully entitled to act for and on behalf of the said child. This document shall be binding upon the said child, me/us, the heirs, executors, administrators, assignees and personal representatives of each of us and the said child.

I/we have read this document and I/we agree that the said child and I/we are bound by its terms. I/we further understand that it is compulsory and mandatory that this document be fully completed and signed as a condition precedent to the said child competing or participating in this event.

DATE _____

SIGNATURES

(FATHER/GUARDIAN)

(MOTHER/GUARDIAN)

(PRINT NAME)

(PRINT NAME)

INSTRUCTIONS: This form is to be completed for all persons under the age of 18 years by the following person(s):

- both natural parents of the child if living together, if separated and no court order for custody has been granted, if divorced and a court grants joint custody and if the natural parent and the adopting parent of the child is married and if an adoption order has been granted.
- both adopting parents of the child if an adoption order has been granted.
- either the natural mother or natural father of the child if divorced or separated and being the parent who has sole custody of the child by court order.
- all guardians of the child whether appointed by court order or who are guardians by law.
- the natural mother of the child if the child is illegitimate and no court order has been granted giving custody to anyone else.