Club Coaches Retreat Questionnaire

Name:

Judo Club:

Are you interested in attending a Club Coaches Retreat? 

Will you be able to attend this year’s event? 

What areas are you interested in?

 Athlete conditioning 

 Gripping 

 Nutrition for athletes 

 Mental training for athletes 

 New Technical skills (general) 

 ⮚ Ground 

 ⮚ Standing 

 New Tactical skills 

Which age brackets do you coach?

 U10/U12  U14 

 U16  U18  U21  Seniors 

Other comments: