

Judo Alberta Winter Camp

December 13-15, 2019

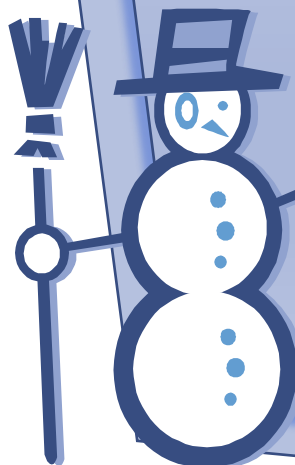
Featuring 2003 World Champion
Daniela Krukower (ARG)



Sign-up: <https://www.trackie.com/online-registration/event/judo-alberta-winter-camp/36023/#.XYD7KyhKjIV>

Price: \$40.00 U14/U16/U21/SR – Orange belt & Higher

Location: Lethbridge Judo Club: www.lajudo.com





Judo Alberta Winter Camp Schedule

Friday December 13, 2019

6:00PM to 7:45PM Group 1

7:45PM to 9:30PM Group 2

Saturday December 14, 2019

8:00AM to 10:00AM Male Training

10:00AM to 12:00AM Female Training

Lunch

3:00PM to 5:00PM Group 1

5:00PM to 7:00PM Group 2

Pizza 6:30PM to 8:00PM

Sunday December 15, 2019

8:00AM to 9:00AM Circuits

10:00AM to 12:30PM Technical & Randori

Camp schedule is subject to change

REGISTRATION DEADLINE: Friday December 06, 2019

Sponsored by Judo Canada & Judo Alberta

