



**judo  
alberta**  
THE ALBERTA KODOKAN BLACK BELT ASSOCIATION

Judo Alberta – The Alberta Kodokan Black Belt Association  
11759 Groat Road NW  
Edmonton, Alberta, Canada T5M 3K6  
Office: (780) 427-8379  
Toll-Free: (1-866) 919-5836  
Fax: (780) 447-1915  
Email: [judo@judoalberta.com](mailto:judo@judoalberta.com)  
[www.judoalberta.com](http://www.judoalberta.com)

**MEMORANDUM**

**To:** Judo Alberta Clubs  
**From:** Ewan Beaton Judo Alberta HP Coach  
**Date:** January 28, 2020

**Judo Alberta Winter Provincial Training Camp, February 22-23, 2020**

Division: U14, U16, U18, U21, seniors, Masters

**Address for training camp:** Tolide Judo Kwai  
Dow Centennial Centre, 84 St. & 87 Ave. Fort Saskatchewan

| <b>SATURDAY February 22, 2020</b>        | <b>SUNDAY February 23, 2020</b> |
|--|---------------------------------|
| 1300-1500 Ne-waza Technique & Randori    | 800-900 Fitness & Drills        |
| 1500-1700 Break                          | 900-1000 Break                  |
| 1700-1900 Tachi-waza Technical & Randori | 1000-1150 Review & Randori      |

**Next Provincial/National Camp:** March 9-10, 2020, Edmonton, West Edmonton Mall

Thank you

*Ewan Beaton HP Judo Alberta Coach*  
Phone: 403-892-6099      E-mail: [ewan@judoalberta.com](mailto:ewan@judoalberta.com)

